Citizens who saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months and reported that they were somewhat or very satisfied with the services they received in their most recent

Unit:%

	<b>Year</b> 2024	<b>Year</b> 2023	<b>Year</b> 2022
Province New Brunswick	76.8	77.9	78.4
Health zones			
Zone 1 - Moncton and South-East Area	77.5	80.8	84.9
Zone 2 - Fundy Shore and Saint John Area	73.5	76.1	73.0
Zone 3 - Fredericton and River Valley Area	77.0	78.2	73.6
Zone 4 - Madawaska and North-West Area	77.0	73.0	80.4
Zone 5 - Restigouche Area	85.1	75.5	84.9
Zone 6 - Bathurst and Acadian Peninsula Area	82.7	69.4	80.4
Zone 7 - Miramichi Area	72.2	84.6	78.2
Age			
18-64	76.3	76.9	77.3
65 and over	80.1	84.9	85.4
Gender			
Female	76.8	77.8	79.5
Male	78.8	78.2	76.4
2SLGBTQIA+ status			
2SLGBTQIA+	64.4	74.6	83.3
Language			
Most comfortable in English	75.0	77.3	n/a

Data downloaded from the NBHC website on September 3, 2025 More information available at: https://nbhc.ca/indicators/pc\_satms\_1 Citizens who saw or talked to a health professional about their mental...



	<b>Year</b> 2024	<b>Year</b> 2023	<b>Year</b> 2022
Most comfortable in French	80.3	78.3	n/a
Comfortable in both English and French	83.2	81.8	n/a
Indigenous identity			
Indigenous	74.7	S	S
Immigrant			
Immigrants	76.1	72.9	82.1
Education level			
High school or less	77.8	77.6	81.8
Postsecondary	76.6	78.0	77.3
Disability or special need			
Disability or special need	68.9	77.0	n/a
Household income			
Less than \$30,000	78.2	72.2	n/a
\$30,000 to less than \$60,000	69.1	75.4	n/a
\$60,000 or more	79.8	81.6	n/a
Racialized groups			
Racialized groups	75.2	73.3	n/a



## About

This indicator is the percentage of citizens who saw or talked to a health professional about their mental or emotional health, or their use of alcohol or drugs in the last 12 months and reported that they were somewhat or very satisfied with the services they received in their most recent consultation.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is based on respondents who consulted a health professional in the last 12 months about their mental or emotional health, or their use of alcohol or drugs. This indicator is calculated by dividing the number of respondents who answered "somewhat satisfied or very satisfied" by the number of respondents who answered "very dissatisfied, somewhat dissatisfied, neither satisfied nor dissatisfied, somewhat satisfied or very satisfied" to the question: Thinking of the most recent consultation, what was your level of satisfaction with the services you received from this health professional?

Unit %

Interpretation Higher is better **NBHC code** PC\_SATMS\_1

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size