

## Citizens who reported that their last virtual consultation was with a mental health professional

Unit : %

|  | Year<br>2024 | Year<br>2023 | Year<br>2022 |
|--|--------------|--------------|--------------|
| <b>Province</b>                              |              |              |              |
| New Brunswick                                | 2.2          | 2.3          | 2.7          |
| <b>Health zones</b>                          |              |              |              |
| Zone 1 - Moncton and South-East Area         | 2.5          | 1.8          | 1.3          |
| Zone 2 - Fundy Shore and Saint John Area     | S            | 3.0          | 2.4          |
| Zone 3 - Fredericton and River Valley Area   | 2.3          | 1.9          | 4.6          |
| Zone 4 - Madawaska and North-West Area       | S            | S            | S            |
| Zone 5 - Restigouche Area                    | S            | S            | 4.5          |
| Zone 6 - Bathurst and Acadian Peninsula Area | S            | 2.7          | 3.9          |
| Zone 7 - Miramichi Area                      | 6.6          | S            | S            |
| <b>Age</b>                                   |              |              |              |
| 18-64  | 2.8          | 3.1          | 3.4          |
| 65 and over                                  | 0.8          | S            | 0.8          |
| <b>Gender</b>                                |              |              |              |
| Female                                       | 2.2          | 2.2          | 3.1          |
| Male   | 2.0          | 1.9          | 2.1          |
| <b>2SLGBTQIA+ status</b>                     |              |              |              |
| 2SLGBTQIA+                                   | S            | 10.2         | 7.9          |
| <b>Language</b>                              |              |              |              |
| Most comfortable in English                  | 2.3          | 2.3          | n/a          |
| Most comfortable in French                   | S            | 2.5          | n/a          |

|  | Year<br>2024 | Year<br>2023 | Year<br>2022 |
|--|--------------|--------------|--------------|
| Comfortable in both English and French | 4.4          | S            | n/a          |
| <b>Indigenous identity</b>             |              |              |              |
| Indigenous                             | S            | S            | S            |
| <b>Immigrant</b>                       |              |              |              |
| Immigrants                             | S            | S            | S            |
| <b>Education level</b>                 |              |              |              |
| High school or less                    | S            | 1.7          | 2.1          |
| Postsecondary                          | 2.6          | 2.5          | 2.9          |
| <b>Disability or special need</b>      |              |              |              |
| Disability or special need             | 5.7          | 6.3          | n/a          |
| <b>Household income</b>                |              |              |              |
| Less than \$30,000                     | 3.7          | 4.8          | n/a          |
| \$30,000 to less than \$60,000         | 1.8          | 2.1          | n/a          |
| \$60,000 or more                       | 2.4          | 1.7          | n/a          |
| <b>Racialized groups</b>               |              |              |              |
| Racialized groups                      | S            | S            | n/a          |

## About

This indicator is the percentage of citizens who reported that their last virtual consultation was with a mental health professional.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is based on respondents who had a virtual care consultation in the last 12 months. This indicator is calculated by dividing the number of respondents who answered "a mental health professional" by the number of respondents who answered "my personal family doctor, my personal nurse practitioner, a doctor or nurse practitioner using Health Link NB, a doctor or nurse practitioner using eVisitNB, a mental health professional, a specialist, a doctor or nurse at a specialty clinic, Tele-Care 811 or an other health professional" to the question: Thinking of the last time you had a virtual consultation with a health professional, who did you consult?

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| Unit | NBHC code  |
|------|------------|
| %    | PC_VIR02_5 |

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size