

Citizens with one or more chronic health conditions (among a list of 12 conditions) who reported that they are very confident in managing their health condition

Unit: %

Unit: %	Year 2024	Year 2023	Year 2022	Year 2020
Province	2024	2023	2022	2020
New Brunswick	34.2	33.7	33.1	40.7
Health zones				
Zone 1 - Moncton and South-East Area	35.1	31.3	33.0	39.0
Zone 2 - Fundy Shore and Saint John Area	36.2	36.0	35.3	44.4
Zone 3 - Fredericton and River Valley Area	30.9	30.2	27.7	42.5
Zone 4 - Madawaska and North-West Area	31.6	35.3	30.8	30.3
Zone 5 - Restigouche Area	30.5	37.7	31.4	39.8
Zone 6 - Bathurst and Acadian Peninsula Area	37.7	40.4	41.0	40.0
Zone 7 - Miramichi Area	32.4	35.2	36.2	40.7
Age				
18-64	32.4	31.6	31.8	39.3
65 and over	37.4	37.6	35.6	43.4
Gender				
Female	32.9	33.0	33.7	n/a
Male	36.0	34.6	32.6	n/a
2SLGBTQIA+ status				
2SLGBTQIA+	22.1	24.2	27.6	30.2
Language				
Most comfortable in English	32.6	33.2	n/a	n/a



Most comfortable in French 38.2 35.0 n/a n/a Comfortable in both English and French 36.0 33.8 n/a n/a Indigenous identity Indigenous 39.6 30.2 36.8 32.0 Immigrant Immigrants 30.2 27.2 27.6 37.1 Education level High school or less 32.1 31.2 31.3 37.2 Postsecondary 35.1 34.8 33.9 43.2 Disability or special need Disability or special need 26.2 26.2 n/a n/a Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups		Year 2024	Year 2023	Year 2022	Year 2020
Indigenous identity Indigenous 39.6 30.2 36.8 32.0 Immigrant Immigrants 30.2 27.2 27.6 37.1 Education level High school or less 32.1 31.2 31.3 37.2 Postsecondary 35.1 34.8 33.9 43.2 Disability or special need Disability or special need 26.2 26.2 n/a n/a Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Most comfortable in French	38.2	35.0	n/a	n/a
Immigrant 39.6 30.2 36.8 32.0 Immigrants 30.2 27.2 27.6 37.1 Education level High school or less 32.1 31.2 31.3 37.2 Postsecondary 35.1 34.8 33.9 43.2 Disability or special need Disability or special need 26.2 26.2 n/a n/a Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Comfortable in both English and French	36.0	33.8	n/a	n/a
Immigrants Immigrants 30.2 27.2 27.6 37.1 Education level High school or less 32.1 31.2 31.3 37.2 Postsecondary 35.1 34.8 33.9 43.2 Disability or special need Disability or special need 26.2 26.2 n/a n/a Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Indigenous identity				
Immigrants 30.2 27.2 27.6 37.1 Education level High school or less 32.1 31.2 31.3 37.2 Postsecondary 35.1 34.8 33.9 43.2 Disability or special need Disability or special need Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Indigenous	39.6	30.2	36.8	32.0
Education level High school or less 32.1 31.2 31.3 37.2 Postsecondary 35.1 34.8 33.9 43.2 Disability or special need Disability or special need Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Immigrant				
High school or less 32.1 31.2 31.3 37.2 Postsecondary 35.1 34.8 33.9 43.2 Disability or special need Eless than \$30,000 26.2 26.2 n/a n/a Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Immigrants	30.2	27.2	27.6	37.1
Postsecondary 35.1 34.8 33.9 43.2 Disability or special need Disability or special need 26.2 26.2 n/a n/a Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Education level				
Disability or special need Disability or special need 26.2 26.2 n/a n/a Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	High school or less	32.1	31.2	31.3	37.2
Disability or special need 26.2 26.2 n/a n/a Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Postsecondary	35.1	34.8	33.9	43.2
Household income Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Disability or special need				
Less than \$30,000 27.2 34.1 n/a n/a \$30,000 to less than \$60,000 32.4 30.3 n/a n/a \$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Disability or special need	26.2	26.2	n/a	n/a
\$30,000 to less than \$60,000 \$60,000 or more 37.1 Racialized groups	Household income				
\$60,000 or more 37.1 36.9 n/a n/a Racialized groups	Less than \$30,000	27.2	34.1	n/a	n/a
Racialized groups	\$30,000 to less than \$60,000	32.4	30.3	n/a	n/a
	\$60,000 or more	37.1	36.9	n/a	n/a
Racialized groups 27.5 25.5 n/a n/a	Racialized groups				
	Racialized groups	27.5	25.5	n/a	n/a



About

This indicator is the percentage of citizens with one or more chronic health conditions (among a list of 12 conditions) who reported that they are very confident in managing their health condition.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is based on respondents who have one (1) or more of the following chronic health conditions: arthritis, asthma, chronic pain, Emphysema or COPD (chronic obstructive pulmonary disease), cancer, diabetes, depression, A mood disorder other than depression, such as bipolar disorder, mania, manic depression, or dysthymia, heart disease, stroke, high blood pressure or hypertension or gastric reflux (GERD). This indicator is calculated by dividing the number of respondents who answered "very confident" by the number of respondents who answered "not at all confident, not very confident, confident or very confident" to the question: How confident are you that you can manage your health condition? By manage your health condition, we mean knowing what to do to control symptoms, prevent flare-ups, or monitor your condition.

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small subpopulations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_MGT01_3

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size