

## Citizens with one or more chronic health conditions (among a list of 12 conditions) who reported that they are very confident in managing their health condition

Unit : %

	Year 2024	Year 2023	Year 2022	Year 2020
<b>Province</b>				
New Brunswick	34.2	33.7	33.1	40.7
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	35.1	31.3	33.0	39.0
Zone 2 - Fundy Shore and Saint John Area	36.2	36.0	35.3	44.4
Zone 3 - Fredericton and River Valley Area	30.9	30.2	27.7	42.5
Zone 4 - Madawaska and North-West Area	31.6	35.3	30.8	30.3
Zone 5 - Restigouche Area	30.5	37.7	31.4	39.8
Zone 6 - Bathurst and Acadian Peninsula Area	37.7	40.4	41.0	40.0
Zone 7 - Miramichi Area	32.4	35.2	36.2	40.7
<b>Age</b>				
18-64	32.4	31.6	31.8	39.3
65 and over	37.4	37.6	35.6	43.4
<b>Gender</b>				
Female	32.9	33.0	33.7	n/a
Male	36.0	34.6	32.6	n/a
<b>2SLGBTQIA+ status</b>				
2SLGBTQIA+	22.1	24.2	27.6	30.2
<b>Language</b>				
Most comfortable in English	32.6	33.2	n/a	n/a

	Year 2024	Year 2023	Year 2022	Year 2020
Most comfortable in French	38.2	35.0	n/a	n/a
Comfortable in both English and French	36.0	33.8	n/a	n/a
<b>Indigenous identity</b>				
Indigenous	39.6	30.2	36.8	32.0
<b>Immigrant</b>				
Immigrants	30.2	27.2	27.6	37.1
<b>Education level</b>				
High school or less	32.1	31.2	31.3	37.2
Postsecondary	35.1	34.8	33.9	43.2
<b>Disability or special need</b>				
Disability or special need	26.2	26.2	n/a	n/a
<b>Household income</b>				
Less than \$30,000	27.2	34.1	n/a	n/a
\$30,000 to less than \$60,000	32.4	30.3	n/a	n/a
\$60,000 or more	37.1	36.9	n/a	n/a
<b>Racialized groups</b>				
Racialized groups	27.5	25.5	n/a	n/a

## About

This indicator is the percentage of citizens with one or more chronic health conditions (among a list of 12 conditions) who reported that they are very confident in managing their health condition.

## Source

Primary Health Survey and Primary Care Survey

## Calculations

This indicator is based on respondents who have one (1) or more of the following chronic health conditions: arthritis, asthma, chronic pain, Emphysema or COPD (chronic obstructive pulmonary disease), cancer, diabetes, depression, A mood disorder other than depression, such as bipolar disorder, mania, manic depression, or dysthymia, heart disease, stroke, high blood pressure or hypertension or gastric reflux (GERD). This indicator is calculated by dividing the number of respondents who answered "very confident" by the number of respondents who answered "not at all confident, not very confident, confident or very confident" to the question: How confident are you that you can manage your health condition? By manage your health condition, we mean knowing what to do to control symptoms, prevent flare-ups, or monitor your condition.

## Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

---

Unit	Interpretation	NBHC code
%	Higher is better	PH_MGT01_3

## Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size