

Citizens with one or more chronic health conditions (among a list of 12 conditions) who reported that they are very confident in managing their health condition

Unit : %

	Year 2023	Year 2022	Year 2020	Year 2017
Province				
New Brunswick	33.7	33.1	40.7	41.2
Health zones				
Zone 1 - Moncton and South-East Area	31.3	33.0	39.0	41.9
Zone 2 - Fundy Shore and Saint John Area	36.0	35.3	44.4	44.0
Zone 3 - Fredericton and River Valley Area	30.2	27.7	42.5	43.5
Zone 4 - Madawaska and North-West Area	35.3	30.8	30.3	31.0
Zone 5 - Restigouche Area	37.7	31.4	39.8	38.0
Zone 6 - Bathurst and Acadian Peninsula Area	40.4	41.0	40.0	36.6
Zone 7 - Miramichi Area	35.2	36.2	40.7	39.1
Communities				
Bathurst, Beresford, Petit-Rocher Area	n/a	n/a	37.6	37.2
Bouctouche, Richibucto, Saint-Antoine Area	n/a	n/a	36.4	38.9
Campbellton, Atholville, Tide Head Area	n/a	n/a	38.4	38.1
Caraquet, Paquetville, Bertrand Area	n/a	n/a	39.2	38.7
Dalhousie, Balmoral, Belledune Area	n/a	n/a	41.2	37.9
Dieppe and Memramcook	n/a	n/a	44.1	44.2
Douglas, Saint Marys, Doaktown Area	n/a	n/a	37.5	41.5
Edmundston, Rivière-Verte, Lac Baker Area	n/a	n/a	30.8	31.9
Florenceville-Bristol, Woodstock, Wakefield Area	n/a	n/a	40.7	41.7
Fredericton	n/a	n/a	44.6	43.0

	Year 2023	Year 2022	Year 2020	Year 2017
Grand Falls, Saint-Léonard, Drummond Area	n/a	n/a	26.5	32.3
Hillsborough, Riverside-Albert, Alma Area	n/a	n/a	39.0	44.2
Kedgwick, Saint-Quentin and Grimmer	n/a	n/a	39.1	22.6
Minto, Chipman, Cambridge-Narrows Area	n/a	n/a	36.6	43.7
Miramichi, Rogersville, Blackville Area	n/a	n/a	41.5	40.8
Moncton	n/a	n/a	37.4	42.9
Nackawic, McAdam, Canterbury Area	n/a	n/a	43.1	44.7
Neguac, Alnwick, Esgenoopetitj Area	n/a	n/a	36.0	30.0
New Maryland, Kingsclear, Lincoln Area	n/a	n/a	43.9	47.3
Oromocto, Gagetown, Fredericton Junction Area	n/a	n/a	42.9	45.3
Perth-Andover, Plaster Rock, Tobique Area	n/a	n/a	37.8	39.3
Quispamsis, Rothesay, Hampton Area	n/a	n/a	47.3	47.3
Riverview and Coverdale	n/a	n/a	43.2	40.2
Sackville, Dorchester, Port Elgin Area	n/a	n/a	38.3	42.3
Saint John, Simonds and Musquash	n/a	n/a	43.0	42.8
Salisbury and Petitcodiac	n/a	n/a	41.6	41.1
Shediac, Beaubassin East and Cap-Pelé	n/a	n/a	36.8	40.9
Shippagan, Lamèque, Inkerman Area	n/a	n/a	40.9	31.2
St. George, Grand Manan, Blacks Harbour Area	n/a	n/a	46.6	45.3
St. Stephen, Saint Andrews, Campobello Island Area	n/a	n/a	39.8	42.3
Sussex, Norton, Sussex Corner Area	n/a	n/a	44.3	45.4
Tracadie and Saint-Isidore	n/a	n/a	39.9	37.5
Age				
18-64	31.6	31.8	39.3	40.5

	Year 2023	Year 2022	Year 2020	Year 2017
65 and over	37.6	35.6	43.4	42.6
Gender				
Female	33.0	33.7	n/a	n/a
Male	34.6	32.6	n/a	n/a
2SLGBTQIA+ status				
2SLGBTQIA+	24.2	27.6	30.2	n/a
Language				
Most comfortable in English	33.2	n/a	n/a	n/a
Most comfortable in French	35.0	n/a	n/a	n/a
Comfortable in both English and French	33.8	n/a	n/a	n/a
Indigenous identity				
Indigenous	30.2	36.8	32.0	33.2
Immigrant				
Immigrants	27.2	27.6	37.1	46.9
Education level				
High school or less	31.2	31.3	37.2	37.9
Postsecondary	34.8	33.9	43.2	44.0
Disability or special need				
Disability or special need	26.2	n/a	n/a	n/a
Household income				
Less than \$30,000	34.1	n/a	n/a	n/a
\$30,000 to less than \$60,000	30.3	n/a	n/a	n/a
\$60,000 or more	36.9	n/a	n/a	n/a

	Year 2023	Year 2022	Year 2020	Year 2017
Racialized groups				
Racialized groups	25.5	n/a	n/a	n/a

About

This indicator is the percentage of citizens with one or more chronic health conditions (among a list of 12 conditions) who reported that they are very confident in managing their health condition.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is based on respondents who have one (1) or more of the following chronic health conditions: arthritis, asthma, chronic pain, Emphysema or COPD (chronic obstructive pulmonary disease), cancer, diabetes, depression, A mood disorder other than depression, such as bipolar disorder, mania, manic depression, or dysthymia, heart disease, stroke, high blood pressure or hypertension or gastric reflux (GERD). This indicator is calculated by dividing the number of respondents who answered "very confident" by the number of respondents who answered "not at all confident, not very confident, confident or very confident" to the question: How confident are you that you can manage your health condition? By manage your health condition, we mean knowing what to do to control symptoms, prevent flare-ups, or monitor your condition.

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_MGT01_3

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size