Citizens with one or more chronic health conditions (among a list of 12 conditions) who reported that they are very confident in managing their health condition

Unit : %

	Year 2024	Year 2023	Year 2022	Year 2020
Province				
New Brunswick	**34.2**	**33.7**	**33.1**	**40.7**
Health zones				
Zone 1 - Moncton and South-East Area	**35.1**	**31.3**	**33.0**	**39.0**
Zone 2 - Fundy Shore and Saint John Area	**36.2**	**36.0**	**35.3**	**44.4**
Zone 3 - Fredericton and River Valley Area	**30.9**	**30.2**	**27.7**	**42.5**
Zone 4 - Madawaska and North-West Area	**31.6**	**35.3**	**30.8**	**30.3**
Zone 5 - Restigouche Area	**30.5**	**37.7**	**31.4**	**39.8**
Zone 6 - Bathurst and Acadian Peninsula Area	**37.7**	**40.4**	**41.0**	**40.0**
Zone 7 - Miramichi Area	**32.4**	**35.2**	**36.2**	**40.7**
Age				
18-64	**32.4**	**31.6**	**31.8**	**39.3**
65 and over	**37.4**	**37.6**	**35.6**	**43.4**
Gender				
Female	**32.9**	**33.0**	**33.7**	n/a
Male	**36.0**	**34.6**	**32.6**	n/a
2SLGBTQIA+ status				
2SLGBTQIA+	**22.1**	**24.2**	**27.6**	**30.2**
Language				
Most comfortable in English	**32.6**	**33.2**	n/a	n/a

	Year 2024	Year 2023	Year 2022	Year 2020
Most comfortable in French	**38.2**	**35.0**	n/a	n/a
Comfortable in both English and French	**36.0**	**33.8**	n/a	n/a
Indigenous identity				
Indigenous	**39.6**	**30.2**	**36.8**	**32.0**
Immigrant				
Immigrants	**30.2**	**27.2**	**27.6**	**37.1**
Education level				
High school or less	**32.1**	**31.2**	**31.3**	**37.2**
Postsecondary	**35.1**	**34.8**	**33.9**	**43.2**
Disability or special need				
Disability or special need	**26.2**	**26.2**	n/a	n/a
Household income				
Less than $30,000	**27.2**	**34.1**	n/a	n/a
$30,000 to less than $60,000	**32.4**	**30.3**	n/a	n/a
$60,000 or more	**37.1**	**36.9**	n/a	n/a
Racialized groups				
Racialized groups	**27.5**	**25.5**	n/a	n/a

About

This indicator is the percentage of citizens with one or more chronic health conditions (among a list of 12 conditions) who reported that they are very confident in managing their health condition.

Source

Primary Health Survey and Primary Care Survey

Calculations

This indicator is based on respondents who have one (1) or more of the following chronic health conditions: arthritis, asthma, chronic pain, Emphysema or COPD (chronic obstructive pulmonary disease), cancer, diabetes, depression, A mood disorder other than depression, such as bipolar disorder, mania, manic depression, or dysthymia, heart disease, stroke, high blood pressure or hypertension or gastric reflux (GERD). This indicator is calculated by dividing the number of respondents who answered "very confident" by the number of respondents who answered "not at all confident, not very confident, confident or very confident" to the question: How confident are you that you can manage your health condition? By manage your health condition, we mean knowing what to do to control symptoms, prevent flare-ups, or monitor your condition.

Notes

The 2020 edition of the Primary Health Survey (PHS) was conducted during the COVID-19 pandemic. While the pandemic did not influence the survey's response rate, NBHC had to assess the impact of surveying during the pandemic. Accordingly, advanced statistical analyses were performed to allow for comparison between the results obtained in 2020 and those obtained in previous PHS cycles. Despite these analyses, users are advised to use the PHS 2020 data with caution, especially when creating estimates for small sub-populations or when comparing it to other PHS editions.

Unit	Interpretation	NBHC code
%	Higher is better	PH_MGT01_3

Caption

n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size