

PRIMARY CARE SURVEY

Needs of New Brunswickers



Zone 6
Bathurst and
Acadian
Peninsula Area



Province
New Brunswick

Health status

Quality of life

Perceived health, very good or excellent % 2022	32.0	34.8
Perceived mental health, very good or excellent % 2022	47.5	40.8

Prevalence of chronic health conditions

Based on this list of chronic health conditions: arthritis, asthma, chronic pain, emphysema or COPD, cancer, diabetes, depression, mood disorder other than depression, heart disease, stroke, high blood pressure, gastric reflux

No chronic health condition % 2022	28.4	32.4
One or more chronic health conditions % 2022	71.6	67.5
Three or more chronic health conditions % 2022	24.3	24.7

Types of chronic health conditions (physical health)

Hypertension % 2022	33.8	29.8
High cholesterol % 2022	23.2	21.3
Chronic pain % 2022	23.3	20.5
Arthritis % 2022	18.0	19.8
Gastric reflux % 2022	20.0	18.8
Diabetes % 2022	15.7	11.9
Asthma % 2022	10.0	11.8

	Zone 6 Bathurst and Acadian Peninsula Area	Province New Brunswick
Cancer % 2022	7.7	8.6
Heart disease % 2022	7.0	8.4
Emphysema/COPD % 2022	3.0	3.4
Stroke % 2022	3.5	2.2

Types of chronic health conditions (mental health)

Anxiety % 2022	25.8	25.6
Depression % 2022	18.0	20.5
Mood disorder (other than depression) % 2022	3.9	4.6

Management of chronic health conditions

Confidence in managing their health conditions, very confident % 2022	41.0	33.1
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Mental health and substance use services

Need for care in the last 12 months

Needed to talk to a health professional % 2022	18.9	24.3
....But did not (perceived unmet need) % 2022	20.2	34.6

Reasons for perceived unmet need

Wait time for services was too long % 2020	9.0	23.8
Thought the problem would go away on its own % 2022	S	54.6
Did not know how or where to get help % 2022	S	45.6
Services not available at a convenient time % 2020	18.1	16.3
Was too busy % 2020	37.6	25.4
Services not available in area % 2020	13.2	13.7
Could not afford the cost or insurance did not cover enough % 2020	15.4	17.7

	Zone 6 Bathurst and Acadian Peninsula Area	Province New Brunswick
Was concerned about what others would think % 2020	15.8	15.3
Other reasons % 2022	S	29.3
Experience with mental health and substance use services		
Satisfaction with services received, somewhat or very satisfied % 2022	80.4	78.4

About this Table

Content and description

Data on self-reported information regarding the needs of New Brunswickers. Topics include self-reported health status as well as the needs and perceived unmet needs for mental health and substance use services.

Why it is important

The results from the Primary Care Survey allows the NBHC to inform citizens and health system stakeholders about the quality of primary health care services from citizens' perspectives. This information can be used to make future improvements to primary health care in the province.

Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on our [Primary Care Survey](#) page.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size