

Students in grades 4 and 5 who reported spending 3 hours or more playing video games on most days

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	22.9	22.7	18.4	20.0
Health zones				
Zone 1 - Moncton and South-East Area	21.8	22.3	18.0	20.2
Zone 2 - Fundy Shore and Saint John Area	23.0	22.0	18.8	18.7
Zone 3 - Fredericton and River Valley Area	23.5	23.3	18.6	20.1
Zone 4 - Madawaska and North-West Area	S	17.8	14.8	16.8
Zone 5 - Restigouche Area	27.4	25.8	22.0	22.6
Zone 6 - Bathurst and Acadian Peninsula Area	22.4	24.5	19.1	23.3
Zone 7 - Miramichi Area	30.0	27.7	19.5	22.2
Communities				
Bathurst, Beresford, Petit-Rocher Area	23.0	23.6	18.2	21.0
Bouctouche, Richibucto, Saint-Antoine Area	18.3	23.9	18.4	24.0
Campbellton, Atholville, Tide Head Area	30.5	25.6	26.1	24.8
Caraquet, Paquetville, Bertrand Area	18.7	22.7	14.4	25.6
Dalhousie, Balmoral, Belledune Area	23.2	26.1	16.9	19.7
Dieppe and Memramcook	19.5	20.4	16.7	16.7
Douglas, Saint Marys, Doaktown Area	22.0	20.7	17.8	24.6
Edmundston, Rivière-Verte, Lac Baker Area	S	14.8	15.1	13.6
Florenceville-Bristol, Woodstock, Wakefield Area	25.9	21.9	16.0	18.5
Fredericton	20.8	22.2	18.3	18.9
Grand Bay-Westfield, Westfield, Greenwich Area	18.0	20.7	15.2	15.2

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Grand Falls, Saint-Léonard, Drummond Area	S	19.0	14.5	18.7
Hillsborough, Riverside-Albert, Alma Area	22.4	28.9	16.4	21.4
Kedgwick, Saint-Quentin and Grimmer	S	27.0	14.3	20.2
Minto, Chipman, Cambridge-Narrows Area	31.4	27.2	22.9	25.0
Miramichi, Rogersville, Blackville Area	29.0	26.2	18.5	21.5
Moncton	23.4	22.3	18.0	19.5
Nackawic, McAdam, Canterbury Area	32.4	29.1	22.6	16.4
Neguac, Alnwick, Esgenoopetitj Area	37.1	42.1	31.9	29.9
New Maryland, Kingsclear, Lincoln Area	18.0	19.7	15.1	22.4
Oromocto, Gagetown, Fredericton Junction Area	27.5	27.1	22.0	20.5
Perth-Andover, Plaster Rock, Tobique Area	28.7	30.5	20.6	24.7
Quispamsis, Rothesay, Hampton Area	17.7	19.0	14.7	16.0
Riverview and Coverdale	22.5	21.2	20.9	26.0
Sackville, Dorchester, Port Elgin Area	14.3	23.3	20.6	19.7
Saint John, Simonds and Musquash	26.1	22.3	20.1	21.4
Salisbury and Petitcodiac	22.5	23.3	14.8	18.8
Shediac, Beaubassin East and Cap-Pelé	24.5	24.0	16.9	24.2
Shippagan, Lamèque, Inkerman Area	27.0	33.7	23.7	19.9
St. George, Grand Manan, Blacks Harbour Area	32.4	27.1	27.6	22.3
St. Stephen, Saint Andrews, Campobello Island Area	25.8	25.9	23.8	21.8
Sussex, Norton, Sussex Corner Area	19.1	23.7	17.5	14.3
Tracadie and Saint-Isidore	20.4	22.2	21.1	26.9
School districts				
Anglophone East School District	25.2	23.9	19.8	20.6

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Anglophone North School District	30.3	28.4	19.8	22.5
Anglophone South School District	23.2	22.2	18.7	18.6
Anglophone West School District	23.6	23.7	19.1	20.6
Anglophone sector	24.6	23.7	19.2	20.1
District scolaire francophone Nord-Est	21.0	23.7	20.3	23.7
District scolaire francophone Nord-Ouest	S	17.8	12.8	14.8
District scolaire francophone Sud	18.0	19.3	15.8	19.3
Francophone sector	19.1	20.2	16.5	19.8
Grades				
Grade 4	23.8	23.0	18.7	19.8
Grade 5	22.0	22.5	18.2	20.2
Gender				
Female	11.4	10.6	8.4	9.9
Male	34.1	34.6	27.8	29.6
Non-binary	23.1	n/a	n/a	n/a
Indigenous identity				
Indigenous	28.9	29.4	21.6	25.8
Immigrant				
Immigrants	23.5	23.2	18.4	16.2

About

This indicator is the percentage of students in grades 4 and 5 who reported spending 3 hours or more playing video games on most days. This indicator is based on the Canadian 24 Hour Movement Guidelines for Children and Youth.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "3 hours or more" by the number of respondents who answered "none, less than 30 min, 30 min, 1 hour, 1 hour and 30 min, 2 hours or 3 hours or more" to the question: On most days, how much time do you spend. c) Playing video games

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), Grand Falls, Saint-Léonard, Drummond Area (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Lower is better	SE_DAA03_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size