

Students in grades 4 and 5 who reported that their parent(s) or guardian(s) eat healthy food

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024
Province		
New Brunswick	97.7	96.9
Health zones		
Zone 1 - Moncton and South-East Area	97.8	96.9
Zone 2 - Fundy Shore and Saint John Area	97.9	97.0
Zone 3 - Fredericton and River Valley Area	98.0	97.3
Zone 4 - Madawaska and North-West Area	S	96.8
Zone 5 - Restigouche Area	99.1	94.6
Zone 6 - Bathurst and Acadian Peninsula Area	95.8	97.3
Zone 7 - Miramichi Area	97.8	95.4
Communities		
Bathurst, Beresford, Petit-Rocher Area	96.2	96.6
Bouctouche, Richibucto, Saint-Antoine Area	98.3	98.3
Campbellton, Atholville, Tide Head Area	98.4	91.2
Caraquet, Paquetville, Bertrand Area	96.1	98.4
Dalhousie, Balmoral, Belledune Area	100.0	98.7
Dieppe and Memramcook	97.3	96.9
Douglas, Saint Marys, Doaktown Area	95.0	96.1
Edmundston, Rivière-Verte, Lac Baker Area	S	97.4
Florenceville-Bristol, Woodstock, Wakefield Area	97.1	97.1
Fredericton	98.7	97.0
Grand Bay-Westfield, Westfield, Greenwich Area	100.0	96.8

	Academic Year 2025-2026	Academic Year 2023-2024
Grand Falls, Saint-Léonard, Drummond Area	S	95.5
Hillsborough, Riverside-Albert, Alma Area	100.0	94.4
Kedgwick, Saint-Quentin and Grimmer	S	98.0
Minto, Chipman, Cambridge-Narrows Area	95.8	98.4
Miramichi, Rogersville, Blackville Area	97.9	95.4
Moncton	98.0	97.0
Nackawic, McAdam, Canterbury Area	97.1	93.7
Neguac, Alnwick, Esgenoopetitj Area	97.7	96.1
New Maryland, Kingsclear, Lincoln Area	98.9	98.9
Oromocto, Gagetown, Fredericton Junction Area	98.0	98.2
Perth-Andover, Plaster Rock, Tobique Area	96.8	96.4
Quispamsis, Rothesay, Hampton Area	98.7	98.5
Riverview and Coverdale	96.3	95.9
Sackville, Dorchester, Port Elgin Area	100.0	97.3
Saint John, Simonds and Musquash	98.0	95.8
Salisbury and Petitcodiac	98.8	96.8
Shediac, Beaubassin East and Cap-Pelé	97.2	96.3
Shippagan, Lamèque, Inkerman Area	95.1	99.4
St. George, Grand Manan, Blacks Harbour Area	96.1	92.1
St. Stephen, Saint Andrews, Campobello Island Area	96.8	100.0
Sussex, Norton, Sussex Corner Area	96.4	98.0
Tracadie and Saint-Isidore	95.4	96.7
School districts		
Anglophone East School District	98.0	96.6

	Academic Year 2025-2026	Academic Year 2023-2024
Anglophone North School District	97.4	94.8
Anglophone South School District	97.9	97.0
Anglophone West School District	98.0	96.9
Anglophone sector	97.9	96.6
District scolaire francophone Nord-Est	96.6	97.8
District scolaire francophone Nord-Ouest	S	97.5
District scolaire francophone Sud	97.6	97.5
Francophone sector	97.1	97.6
Grades		
Grade 4	97.2	96.4
Grade 5	98.2	97.4
Gender		
Female	98.1	97.7
Male	97.4	96.3
Non-binary	98.9	n/a
Indigenous identity		
Indigenous	96.7	94.6
Immigrant		
Immigrants	98.2	97.2

About

This indicator is the percentage of students in grades 4 and 5 who reported that their parent(s) or guardian(s) eat healthy food.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Does your parent(s) or guardian(s) eat healthy food, such as: fruits and vegetables?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), Grand Falls, Saint-Léonard, Drummond Area (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_EAT06_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size