

Students in grades 4 and 5 who reported that their parents or guardians do physical activity

Unit : %

	Academic Year 2025-2026	Academic Year 2023-2024
Province		
New Brunswick	88.8	86.3
Health zones		
Zone 1 - Moncton and South-East Area	88.9	86.3
Zone 2 - Fundy Shore and Saint John Area	89.7	86.4
Zone 3 - Fredericton and River Valley Area	91.0	87.6
Zone 4 - Madawaska and North-West Area	S	85.0
Zone 5 - Restigouche Area	82.6	85.8
Zone 6 - Bathurst and Acadian Peninsula Area	86.6	83.1
Zone 7 - Miramichi Area	89.4	87.4
Communities		
Bathurst, Beresford, Petit-Rocher Area	88.4	83.8
Bouctouche, Richibucto, Saint-Antoine Area	84.1	83.1
Campbellton, Atholville, Tide Head Area	80.4	83.7
Caraquet, Paquetville, Bertrand Area	83.3	83.9
Dalhousie, Balmoral, Belledune Area	85.4	88.6
Dieppe and Memramcook	89.3	88.1
Douglas, Saint Marys, Doaktown Area	94.6	85.1
Edmundston, Rivière-Verte, Lac Baker Area	S	85.3
Florenceville-Bristol, Woodstock, Wakefield Area	90.3	86.4
Fredericton	90.2	88.2
Grand Bay-Westfield, Westfield, Greenwich Area	92.5	92.9

	Academic Year 2025-2026	Academic Year 2023-2024
Grand Falls, Saint-Léonard, Drummond Area	S	81.7
Hillsborough, Riverside-Albert, Alma Area	S	96.1
Kedgwick, Saint-Quentin and Grimmer	S	91.9
Minto, Chipman, Cambridge-Narrows Area	89.0	81.2
Miramichi, Rogersville, Blackville Area	90.0	87.7
Moncton	89.0	86.3
Nackawic, McAdam, Canterbury Area	87.5	86.8
Neguac, Alnwick, Esgenoopetitj Area	85.0	84.8
New Maryland, Kingsclear, Lincoln Area	94.0	91.5
Oromocto, Gagetown, Fredericton Junction Area	93.2	88.0
Perth-Andover, Plaster Rock, Tobique Area	87.3	81.7
Quispamsis, Rothesay, Hampton Area	92.6	91.9
Riverview and Coverdale	91.2	83.6
Sackville, Dorchester, Port Elgin Area	93.2	87.1
Saint John, Simonds and Musquash	87.8	83.0
Salisbury and Petitcodiac	91.4	90.3
Shediac, Beaubassin East and Cap-Pelé	83.9	84.5
Shippagan, Lamèque, Inkerman Area	85.6	85.2
St. George, Grand Manan, Blacks Harbour Area	83.2	81.4
St. Stephen, Saint Andrews, Campobello Island Area	89.9	84.4
Sussex, Norton, Sussex Corner Area	90.8	84.7
Tracadie and Saint-Isidore	86.0	80.2
School districts		
Anglophone East School District	88.6	84.5

	Academic Year 2025-2026	Academic Year 2023-2024
Anglophone North School District	88.2	84.8
Anglophone South School District	89.5	86.4
Anglophone West School District	91.1	87.1
Anglophone sector	89.7	86.0
District scolaire francophone Nord-Est	85.4	84.4
District scolaire francophone Nord-Ouest	S	86.9
District scolaire francophone Sud	89.4	88.4
Francophone sector	86.7	87.1
Grades		
Grade 4	87.3	85.1
Grade 5	90.2	87.6
Gender		
Female	89.4	87.4
Male	88.2	85.5
Non-binary	95.5	n/a
Indigenous identity		
Indigenous	85.0	82.7
Immigrant		
Immigrants	87.6	82.1

About

This indicator is the percentage of students in grades 4 and 5 who reported that their parents or guardians do physical activity.

Source

Student Wellness and Education Survey, Grades 4-5

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "yes or no" to the question: Is your parent(s) or guardian(s) physically active, such as: walking, running, biking, going to the gym or doing yard work?

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), Grand Falls, Saint-Léonard, Drummond Area (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). The 2019-2020 edition of this survey was conducted during the COVID-19 pandemic. Since the number of schools that participated in 2019-2020 is much lower than other editions of the survey, results at the provincial level were deemed not representative of the total student population. Therefore, survey results for New Brunswick, health zones and demographic groups are not available for the 2019-2020 edition. However, 2019-2020 results are available for communities in which the number of participating schools was deemed sufficient to be representative of the student population in that community.

Unit	Interpretation	NBHC code
%	Higher is better	SE_PHY06_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size