

## Repeat Hospital Stays for Mental Health and Substance Use

Unit : %

	Fiscal Year 2024-2025	Fiscal Year 2023-2024	Fiscal Year 2022-2023	Fiscal Year 2021-2022
<b>Province</b>				
New Brunswick	11.6	12.3	12.1	12.8
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	11.3	12.6	12.0	10.9
Zone 2 - Fundy Shore and Saint John Area	8.3	9.7	8.7	9.2
Zone 3 - Fredericton and River Valley Area	10.7	9.3	10.5	10.1
Zone 4 - Madawaska and North-West Area	19.0	18.3	15.5	22.6
Zone 5 - Restigouche Area	12.1	18.4	16.0	21.4
Zone 6 - Bathurst and Acadian Peninsula Area	13.8	12.7	12.6	14.3
Zone 7 - Miramichi Area	5.0	6.3	14.0	12.0

**About**

This indicator measures the risk-adjusted percentage of individuals who had 3 or more episodes of care for mental health and substance use (MHSU) disorders among all those who had at least one episode of care for MHSU disorders in general or psychiatric hospitals within a given year.

**Source**

Your Health System: In Depth

**Calculations**

<https://www.cihi.ca/en/indicators/repeat-hospital-stays-for-mental-health-and-substance-use>

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<b>Unit</b>	<b>Interpretation</b>	<b>NBHC code</b>
%	Lower is better	CIHI-YHSD-015

**Caption**

n/a = Not applicable / not available  
S = Data suppressed due to confidentiality requirements and/or small sample size