

## Repeat Hospital Stays for Mental Health and Substance Use

Unit : %

	Fiscal Year 2024-2025	Fiscal Year 2023-2024	Fiscal Year 2022-2023	Fiscal Year 2021-2022
<b>Province</b>				
New Brunswick	<b>11.6</b>	<b>12.3</b>	<b>12.1</b>	<b>12.8</b>
<b>Health zones</b>				
Zone 1 - Moncton and South-East Area	<b>11.3</b>	<b>12.6</b>	<b>12.0</b>	<b>10.9</b>
Zone 2 - Fundy Shore and Saint John Area	<b>8.3</b>	<b>9.7</b>	<b>8.7</b>	<b>9.2</b>
Zone 3 - Fredericton and River Valley Area	<b>10.7</b>	<b>9.3</b>	<b>10.5</b>	<b>10.1</b>
Zone 4 - Madawaska and North-West Area	<b>19.0</b>	<b>18.3</b>	<b>15.5</b>	<b>22.6</b>
Zone 5 - Restigouche Area	<b>12.1</b>	<b>18.4</b>	<b>16.0</b>	<b>21.4</b>
Zone 6 - Bathurst and Acadian Peninsula Area	<b>13.8</b>	<b>12.7</b>	<b>12.6</b>	<b>14.3</b>
Zone 7 - Miramichi Area	<b>5.0</b>	<b>6.3</b>	<b>14.0</b>	<b>12.0</b>

## About

This indicator measures the risk-adjusted percentage of individuals who had 3 or more episodes of care for mental health and substance use (MHSU) disorders among all those who had at least one episode of care for MHSU disorders in general or psychiatric hospitals within a given year.

## Source

Your Health System: In Depth

## Calculations

<https://www.cihi.ca/en/indicators/repeat-hospital-stays-for-mental-health-and-substance-use>

Unit	Interpretation	NBHC code
%	Lower is better	CIHI-YHSD-015

### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size