

Students in grades 6 to 12 who reported spending 2 hours or less per day of screen time in their free time

Unit : %

| | Academic Year 2025-2026 | Academic Year 2024-2025 | Academic Year 2023-2024 | Academic Year 2022-2023 |
|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Province | | | | |
| New Brunswick | 11.3 | 12.3 | 12.2 | 11.9 |
| Health zones | | | | |
| Zone 1 - Moncton and South-East Area | 11.8 | 13.4 | 12.8 | 13.0 |
| Zone 2 - Fundy Shore and Saint John Area | 11.1 | 12.2 | 11.6 | 11.5 |
| Zone 3 - Fredericton and River Valley Area | 10.9 | 11.3 | 12.3 | 11.4 |
| Zone 4 - Madawaska and North-West Area | S | 13.4 | 14.0 | 13.8 |
| Zone 5 - Restigouche Area | 7.5 | 9.8 | 9.5 | 8.0 |
| Zone 6 - Bathurst and Acadian Peninsula Area | 12.0 | 13.2 | 12.8 | 11.5 |
| Zone 7 - Miramichi Area | 9.2 | 9.9 | 10.4 | 9.4 |
| Communities | | | | |
| Bathurst, Beresford, Petit-Rocher Area | 13.6 | 13.4 | 13.0 | 10.8 |
| Bouctouche, Richibucto, Saint-Antoine Area | 9.4 | 11.4 | 11.4 | 11.2 |
| Campbellton, Atholville, Tide Head Area | 8.0 | 10.5 | 9.5 | 6.9 |
| Caraquet, Paquetville, Bertrand Area | 13.2 | 13.3 | 12.2 | 11.5 |
| Dalhousie, Balmoral, Belledune Area | 6.8 | 8.8 | 9.5 | 9.5 |
| Dieppe and Memramcook | 15.0 | 16.1 | 14.5 | 17.0 |
| Douglas, Saint Marys, Doaktown Area | 12.4 | 10.9 | 12.9 | 9.2 |
| Edmundston, Rivière-Verte, Lac Baker Area | S | 12.7 | 13.3 | 12.4 |
| Florenceville-Bristol, Woodstock, Wakefield Area | 10.4 | 9.6 | 10.6 | 11.4 |
| Fredericton | 11.9 | 12.7 | 13.8 | 12.0 |
| Grand Bay-Westfield, Westfield, Greenwich Area | n/a | n/a | n/a | n/a |

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|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Grand Falls, Saint-Léonard, Drummond Area | 13.0 | 15.2 | 14.8 | 16.5 |
| Hillsborough, Riverside-Albert, Alma Area | 8.1 | 6.1 | 10.7 | 6.9 |
| Kedgwick, Saint-Quentin and Grimmer | S | 11.8 | 14.5 | 12.2 |
| Minto, Chipman, Cambridge-Narrows Area | 8.4 | 10.6 | 10.3 | 9.9 |
| Miramichi, Rogersville, Blackville Area | 8.7 | 9.8 | 9.9 | 9.1 |
| Moncton | 11.9 | 14.6 | 13.1 | 13.2 |
| Nackawic, McAdam, Canterbury Area | 9.9 | 8.5 | 11.8 | 11.9 |
| Neguac, Alnwick, Esgenoopetitj Area | 14.4 | 10.5 | 14.6 | 11.7 |
| New Maryland, Kingsclear, Lincoln Area | 12.2 | 17.2 | 13.8 | 11.9 |
| Oromocto, Gagetown, Fredericton Junction Area | 8.1 | 8.8 | 8.6 | 9.9 |
| Perth-Andover, Plaster Rock, Tobique Area | 10.0 | 10.5 | 12.6 | 11.0 |
| Quispamsis, Rothesay, Hampton Area | 13.4 | 15.0 | 12.2 | 12.6 |
| Riverview and Coverdale | 10.1 | 9.2 | 11.0 | 8.5 |
| Sackville, Dorchester, Port Elgin Area | 10.0 | 11.4 | 11.6 | 12.0 |
| Saint John, Simonds and Musquash | 9.6 | 10.5 | 11.1 | 10.2 |
| Salisbury and Petitcodiac | 10.9 | 10.7 | 14.1 | 14.5 |
| Shediac, Beaubassin East and Cap-Pelé | 13.4 | 13.9 | 13.1 | 13.6 |
| Shippagan, Lamèque, Inkerman Area | 10.4 | 11.1 | 13.1 | 13.1 |
| St. George, Grand Manan, Blacks Harbour Area | 9.3 | 9.5 | 9.7 | 12.2 |
| St. Stephen, Saint Andrews, Campobello Island Area | 10.6 | 11.0 | 12.7 | 11.5 |
| Sussex, Norton, Sussex Corner Area | 14.8 | 13.8 | 11.8 | 14.1 |
| Tracadie and Saint-Isidore | 8.9 | 14.1 | 12.8 | 11.8 |
| School districts | | | | |
| Anglophone East School District | 10.0 | 11.3 | 11.8 | 11.0 |

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|--|----------------------------|----------------------------|----------------------------|----------------------------|
| Anglophone North School District | 7.9 | 9.0 | 9.3 | 8.3 |
| Anglophone South School District | 10.9 | 12.1 | 11.4 | 11.4 |
| Anglophone West School District | 10.4 | 11.1 | 12.0 | 11.1 |
| Anglophone sector | 10.2 | 11.2 | 11.5 | 10.9 |
| District scolaire francophone Nord-Est | 12.0 | 13.3 | 13.2 | 11.9 |
| District scolaire francophone Nord-Ouest | S | 13.9 | 14.9 | 14.4 |
| District scolaire francophone Sud | 15.5 | 17.0 | 14.6 | 16.0 |
| Francophone sector | 14.2 | 15.3 | 14.2 | 14.4 |
| Grades | | | | |
| Grades 6 to 8 | 15.0 | 15.9 | 15.3 | 15.8 |
| Grades 9 to 12 | 8.9 | 9.7 | 10.0 | 9.1 |
| Gender | | | | |
| Female | 12.3 | 13.4 | 13.3 | 12.6 |
| Male | 10.0 | 11.4 | 11.4 | 11.3 |
| Non-binary | 9.4 | 6.8 | 7.9 | 8.1 |
| Sex at birth | | | | |
| Female | 12.1 | 13.1 | 13.0 | 12.1 |
| Male | 10.3 | 11.4 | 11.4 | 11.5 |
| 2SLGBTQIA+ status | | | | |
| 2SLGBTQIA+ | 6.3 | 7.2 | 7.3 | n/a |
| Indigenous identity | | | | |
| Indigenous | 8.5 | 9.7 | 10.3 | 9.7 |
| Immigrant | | | | |

| | Academic Year 2025-2026 | Academic Year 2024-2025 | Academic Year 2023-2024 | Academic Year 2022-2023 |
|-----------------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| Immigrants | 11.2 | 13.4 | 14.4 | 14.4 |
| Disability or special need | | | | |
| Disability or special need | 8.0 | 9.8 | 10.8 | n/a |
| Racialized groups | | | | |
| Racialized groups | 11.8 | 14.0 | 13.8 | n/a |
| Socioeconomic status | | | | |
| High socioeconomic status | 14.5 | n/a | n/a | n/a |
| Low socioeconomic status | 9.9 | n/a | n/a | n/a |

About

This indicator is the percentage of students in grades 6 to 12 who reported spending 2 hours or less per day of screen time in their free time.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator adds the responses to the following 6 individual questions: Question #1 'Playing games on an electronic device (not including moving or fitness games)? Weekends', question #2 'Watching TV, movies or videos (including YouTube and similar services) on any type of screen? Weekends', question #3 'Using electronic devices for other purposes like: social media, chatting, instant messaging, emailing or surfing the Internet? Weekends', question #4 'Playing games on an electronic device (not including moving or fitness games)? Weekend', question #5 'Watching TV, movies or videos (including YouTube and similar services) on any type of screen? Weekend' and question #6 'Using electronic devices for other purposes like: social media, chatting, instant messaging, emailing or surfing the Internet? Weekend'. The response options for these 6 individual questions are: '0. None at all, 1. About half an hour a day, 2. About 1 hour a day, 3. About 2 hours a day and 4. About 3 or more hours a day'. This indicator is calculated by summing up the 6 separate questions, after adjusting the response scale to a proportional scale of hours. The average sum of the total number of hours per week thus obtained is then divided by 7 to reflect a daily number of hours.

Notes

This indicator has replaced the following indicators starting with the 2022-2023 edition of the questionnaire: SH_DAA01_2, SH_LSTWE_1, SH_LSTWE_2, SH_LSTWD_1, SH_LSTWD_2. Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

| Unit | Interpretation | NBHC code |
|-------------|-----------------------|------------------|
| % | Higher is better | SH_LSTDA_1 |

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size