

Students in grades 6 to 12 who reported spending 2 hours or less per day of screen time in their free time

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	11.3	12.3	12.2	11.9
Health zones				
Zone 1 - Moncton and South-East Area	11.8	13.4	12.8	13.0
Zone 2 - Fundy Shore and Saint John Area	11.1	12.2	11.6	11.5
Zone 3 - Fredericton and River Valley Area	10.9	11.3	12.3	11.4
Zone 4 - Madawaska and North-West Area	S	13.4	14.0	13.8
Zone 5 - Restigouche Area	7.5	9.8	9.5	8.0
Zone 6 - Bathurst and Acadian Peninsula Area	12.0	13.2	12.8	11.5
Zone 7 - Miramichi Area	9.2	9.9	10.4	9.4
Communities				
Bathurst, Beresford, Petit-Rocher Area	13.6	13.4	13.0	10.8
Bouctouche, Richibucto, Saint-Antoine Area	9.4	11.4	11.4	11.2
Campbellton, Atholville, Tide Head Area	8.0	10.5	9.5	6.9
Caraquet, Paquetville, Bertrand Area	13.2	13.3	12.2	11.5
Dalhousie, Balmoral, Belledune Area	6.8	8.8	9.5	9.5
Dieppe and Memramcook	15.0	16.1	14.5	17.0
Douglas, Saint Marys, Doaktown Area	12.4	10.9	12.9	9.2
Edmundston, Rivière-Verte, Lac Baker Area	S	12.7	13.3	12.4
Florenceville-Bristol, Woodstock, Wakefield Area	10.4	9.6	10.6	11.4
Fredericton	11.9	12.7	13.8	12.0
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	n/a	n/a

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Grand Falls, Saint-Léonard, Drummond Area	13.0	15.2	14.8	16.5
Hillsborough, Riverside-Albert, Alma Area	8.1	6.1	10.7	6.9
Kedgwick, Saint-Quentin and Grimmer	S	11.8	14.5	12.2
Minto, Chipman, Cambridge-Narrows Area	8.4	10.6	10.3	9.9
Miramichi, Rogersville, Blackville Area	8.7	9.8	9.9	9.1
Moncton	11.9	14.6	13.1	13.2
Nackawic, McAdam, Canterbury Area	9.9	8.5	11.8	11.9
Neguac, Alnwick, Esgenoopetitj Area	14.4	10.5	14.6	11.7
New Maryland, Kingsclear, Lincoln Area	12.2	17.2	13.8	11.9
Oromocto, Gagetown, Fredericton Junction Area	8.1	8.8	8.6	9.9
Perth-Andover, Plaster Rock, Tobique Area	10.0	10.5	12.6	11.0
Quispamsis, Rothesay, Hampton Area	13.4	15.0	12.2	12.6
Riverview and Coverdale	10.1	9.2	11.0	8.5
Sackville, Dorchester, Port Elgin Area	10.0	11.4	11.6	12.0
Saint John, Simonds and Musquash	9.6	10.5	11.1	10.2
Salisbury and Petitcodiac	10.9	10.7	14.1	14.5
Shediac, Beaubassin East and Cap-Pelé	13.4	13.9	13.1	13.6
Shippagan, Lamèque, Inkerman Area	10.4	11.1	13.1	13.1
St. George, Grand Manan, Blacks Harbour Area	9.3	9.5	9.7	12.2
St. Stephen, Saint Andrews, Campobello Island Area	10.6	11.0	12.7	11.5
Sussex, Norton, Sussex Corner Area	14.8	13.8	11.8	14.1
Tracadie and Saint-Isidore	8.9	14.1	12.8	11.8
School districts				
Anglophone East School District	10.0	11.3	11.8	11.0

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Anglophone North School District	7.9	9.0	9.3	8.3
Anglophone South School District	10.9	12.1	11.4	11.4
Anglophone West School District	10.4	11.1	12.0	11.1
Anglophone sector	10.2	11.2	11.5	10.9
District scolaire francophone Nord-Est	12.0	13.3	13.2	11.9
District scolaire francophone Nord-Ouest	S	13.9	14.9	14.4
District scolaire francophone Sud	15.5	17.0	14.6	16.0
Francophone sector	14.2	15.3	14.2	14.4
Grades				
Grades 6 to 8	15.0	15.9	15.3	15.8
Grades 9 to 12	8.9	9.7	10.0	9.1
Gender				
Female	12.3	13.4	13.3	12.6
Male	10.0	11.4	11.4	11.3
Non-binary	9.4	6.8	7.9	8.1
Sex at birth				
Female	12.1	13.1	13.0	12.1
Male	10.3	11.4	11.4	11.5
2SLGBTQIA+ status				
2SLGBTQIA+	6.3	7.2	7.3	n/a
Indigenous identity				
Indigenous	8.5	9.7	10.3	9.7
Immigrant				

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Immigrants	11.2	13.4	14.4	14.4
Disability or special need				
Disability or special need	8.0	9.8	10.8	n/a
Racialized groups				
Racialized groups	11.8	14.0	13.8	n/a
Socioeconomic status				
High socioeconomic status	14.5	n/a	n/a	n/a
Low socioeconomic status	9.9	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported spending 2 hours or less per day of screen time in their free time.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator adds the responses to the following 6 individual questions: Question #1 'Playing games on an electronic device (not including moving or fitness games)? Weekends', question #2 'Watching TV, movies or videos (including YouTube and similar services) on any type of screen? Weekends', question #3 'Using electronic devices for other purposes like: social media, chatting, instant messaging, emailing or surfing the Internet? Weekends', question #4 'Playing games on an electronic device (not including moving or fitness games)? Weekend', question #5 'Watching TV, movies or videos (including YouTube and similar services) on any type of screen? Weekend' and question #6 'Using electronic devices for other purposes like: social media, chatting, instant messaging, emailing or surfing the Internet? Weekend'. The response options for these 6 individual questions are: '0. None at all, 1. About half an hour a day, 2. About 1 hour a day, 3. About 2 hours a day and 4. About 3 or more hours a day'. This indicator is calculated by summing up the 6 separate questions, after adjusting the response scale to a proportional scale of hours. The average sum of the total number of hours per week thus obtained is then divided by 7 to reflect a daily number of hours.

Notes

This indicator has replaced the following indicators starting with the 2022-2023 edition of the questionnaire: SH_DAA01_2, SH_LSTWE_1, SH_LSTWE_2, SH_LSTWD_1, SH_LSTWD_2. Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_LSTDA_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size