Students in grades 6 to 12 who reported spending 2 hours or less per day of screen time in their free time

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Province				
New Brunswick	**11.3**	**12.3**	**12.2**	**11.9**
Health zones				
Zone 1 - Moncton and South-East Area	**11.8**	**13.4**	**12.8**	**13.0**
Zone 2 - Fundy Shore and Saint John Area	**11.1**	**12.2**	**11.6**	**11.5**
Zone 3 - Fredericton and River Valley Area	**10.9**	**11.3**	**12.3**	**11.4**
Zone 4 - Madawaska and North-West Area	S	**13.4**	**14.0**	**13.8**
Zone 5 - Restigouche Area	**7.5**	**9.8**	**9.5**	**8.0**
Zone 6 - Bathurst and Acadian Peninsula Area	**12.0**	**13.2**	**12.8**	**11.5**
Zone 7 - Miramichi Area	**9.2**	**9.9**	**10.4**	**9.4**
Communities				
Bathurst, Beresford, Petit-Rocher Area	**13.6**	**13.4**	**13.0**	**10.8**
Bouctouche, Richibucto, Saint-Antoine Area	**9.4**	**11.4**	**11.4**	**11.2**
Campbellton, Atholville, Tide Head Area	**8.0**	**10.5**	**9.5**	**6.9**
Caraquet, Paquetville, Bertrand Area	**13.2**	**13.3**	**12.2**	**11.5**
Dalhousie, Balmoral, Belledune Area	**6.8**	**8.8**	**9.5**	**9.5**
Dieppe and Memramcook	**15.0**	**16.1**	**14.5**	**17.0**
Douglas, Saint Marys, Doaktown Area	**12.4**	**10.9**	**12.9**	**9.2**
Edmundston, Rivière-Verte, Lac Baker Area	S	**12.7**	**13.3**	**12.4**
Florenceville-Bristol, Woodstock, Wakefield Area	**10.4**	**9.6**	**10.6**	**11.4**
Fredericton	**11.9**	**12.7**	**13.8**	**12.0**
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a	n/a	n/a

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Grand Falls, Saint-Léonard, Drummond Area	**13.0**	**15.2**	**14.8**	**16.5**
Hillsborough, Riverside-Albert, Alma Area	**8.1**	**6.1**	**10.7**	**6.9**
Kedgwick, Saint-Quentin and Grimmer	S	**11.8**	**14.5**	**12.2**
Minto, Chipman, Cambridge-Narrows Area	**8.4**	**10.6**	**10.3**	**9.9**
Miramichi, Rogersville, Blackville Area	**8.7**	**9.8**	**9.9**	**9.1**
Moncton	**11.9**	**14.6**	**13.1**	**13.2**
Nackawic, McAdam, Canterbury Area	**9.9**	**8.5**	**11.8**	**11.9**
Neguac, Alnwick, Esgenoopetitj Area	**14.4**	**10.5**	**14.6**	**11.7**
New Maryland, Kingsclear, Lincoln Area	**12.2**	**17.2**	**13.8**	**11.9**
Oromocto, Gagetown, Fredericton Junction Area	**8.1**	**8.8**	**8.6**	**9.9**
Perth-Andover, Plaster Rock, Tobique Area	**10.0**	**10.5**	**12.6**	**11.0**
Quispamsis, Rothesay, Hampton Area	**13.4**	**15.0**	**12.2**	**12.6**
Riverview and Coverdale	**10.1**	**9.2**	**11.0**	**8.5**
Sackville, Dorchester, Port Elgin Area	**10.0**	**11.4**	**11.6**	**12.0**
Saint John, Simonds and Musquash	**9.6**	**10.5**	**11.1**	**10.2**
Salisbury and Petitcodiac	**10.9**	**10.7**	**14.1**	**14.5**
Shediac, Beaubassin East and Cap-Pelé	**13.4**	**13.9**	**13.1**	**13.6**
Shippagan, Lamèque, Inkerman Area	**10.4**	**11.1**	**13.1**	**13.1**
St. George, Grand Manan, Blacks Harbour Area	**9.3**	**9.5**	**9.7**	**12.2**
St. Stephen, Saint Andrews, Campobello Island Area	**10.6**	**11.0**	**12.7**	**11.5**
Sussex, Norton, Sussex Corner Area	**14.8**	**13.8**	**11.8**	**14.1**
Tracadie and Saint-Isidore	**8.9**	**14.1**	**12.8**	**11.8**
School districts				
Anglophone East School District	**10.0**	**11.3**	**11.8**	**11.0**

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Anglophone North School District	**7.9**	**9.0**	**9.3**	**8.3**
Anglophone South School District	**10.9**	**12.1**	**11.4**	**11.4**
Anglophone West School District	**10.4**	**11.1**	**12.0**	**11.1**
Anglophone sector	**10.2**	**11.2**	**11.5**	**10.9**
District scolaire francophone Nord-Est	**12.0**	**13.3**	**13.2**	**11.9**
District scolaire francophone Nord-Ouest	S	**13.9**	**14.9**	**14.4**
District scolaire francophone Sud	**15.5**	**17.0**	**14.6**	**16.0**
Francophone sector	**14.2**	**15.3**	**14.2**	**14.4**
Grades				
Grades 6 to 8	**15.0**	**15.9**	**15.3**	**15.8**
Grades 9 to 12	**8.9**	**9.7**	**10.0**	**9.1**
Gender				
Female	**12.3**	**13.4**	**13.3**	**12.6**
Male	**10.0**	**11.4**	**11.4**	**11.3**
Non-binary	**9.4**	**6.8**	**7.9**	**8.1**
Sex at birth				
Female	**12.1**	**13.1**	**13.0**	**12.1**
Male	**10.3**	**11.4**	**11.4**	**11.5**
2SLGBTQIA+ status				
2SLGBTQIA+	**6.3**	**7.2**	**7.3**	n/a
Indigenous identity				
Indigenous	**8.5**	**9.7**	**10.3**	**9.7**
Immigrant				

	Academic Year 2025-2026	Academic Year 2024-2025	Academic Year 2023-2024	Academic Year 2022-2023
Immigrants	**11.2**	**13.4**	**14.4**	**14.4**
Disability or special need				
Disability or special need	**8.0**	**9.8**	**10.8**	n/a
Racialized groups				
Racialized groups	**11.8**	**14.0**	**13.8**	n/a
Socioeconomic status				
High socioeconomic status	**14.5**	n/a	n/a	n/a
Low socioeconomic status	**9.9**	n/a	n/a	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported spending 2 hours or less per day of screen time in their free time.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator adds the responses to the following 6 individual questions: Question #1 'Playing games on an electronic device (not including moving or fitness games)? Weekends', question #2 'Watching TV, movies or videos (including YouTube and similar services) on any type of screen? Weekends', question #3 'Using electronic devices for other purposes like: social media, chatting, instant messaging, emailing or surfing the Internet? Weekends', question #4 'Playing games on an electronic device (not including moving or fitness games)? Weekend', question #5 'Watching TV, movies or videos (including YouTube and similar services) on any type of screen? Weekend' and question #6 'Using electronic devices for other purposes like: social media, chatting, instant messaging, emailing or surfing the Internet? Weekend'. The response options for these 6 individual questions are: '0. None at all, 1. About half an hour a day, 2. About 1 hour a day, 3. About 2 hours a day and 4. About 3 or more hours a day'. This indicator is calculated by summing up the 6 separate questions, after adjusting the response scale to a proportional scale of hours. The average sum of the total number of hours per week thus obtained is then divided by 7 to reflect a daily number of hours.

Notes

This indicator has replaced the following indicators starting with the 2022-2023 edition of the questionnaire: SH_DAA01_2, SH_LSTWE_1, SH_LSTWE_2, SH_LSTWD_1, SH_LSTWD_2. Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_LSTDA_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size