Students in grades 6 to 12 who reported that they talk to their family/caregiver(s) about how they feel

Unit : %

	Academic Year 2025-2026	Academic Year 2024-2025
Province		
New Brunswick	**46.6**	**44.7**
Health zones		
Zone 1 - Moncton and South-East Area	**47.5**	**45.6**
Zone 2 - Fundy Shore and Saint John Area	**47.0**	**44.4**
Zone 3 - Fredericton and River Valley Area	**45.0**	**44.1**
Zone 4 - Madawaska and North-West Area	S	**46.7**
Zone 5 - Restigouche Area	**44.5**	**41.1**
Zone 6 - Bathurst and Acadian Peninsula Area	**47.7**	**44.6**
Zone 7 - Miramichi Area	**42.4**	**42.0**
Communities		
Bathurst, Beresford, Petit-Rocher Area	**47.7**	**43.4**
Bouctouche, Richibucto, Saint-Antoine Area	**43.5**	**38.4**
Campbellton, Atholville, Tide Head Area	**43.2**	**43.8**
Caraquet, Paquetville, Bertrand Area	**46.0**	**50.4**
Dalhousie, Balmoral, Belledune Area	**46.4**	**37.3**
Dieppe and Memramcook	**52.8**	**49.1**
Douglas, Saint Marys, Doaktown Area	**39.9**	**36.7**
Edmundston, Rivière-Verte, Lac Baker Area	S	**48.3**
Florenceville-Bristol, Woodstock, Wakefield Area	**48.3**	**47.8**
Fredericton	**46.8**	**46.0**
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a

	Academic Year 2025-2026	Academic Year 2024-2025
Grand Falls, Saint-Léonard, Drummond Area	**49.6**	**44.4**
Hillsborough, Riverside-Albert, Alma Area	**39.7**	**41.2**
Kedgwick, Saint-Quentin and Grimmer	S	**46.0**
Minto, Chipman, Cambridge-Narrows Area	**35.2**	**36.8**
Miramichi, Rogersville, Blackville Area	**43.0**	**42.7**
Moncton	**47.4**	**46.8**
Nackawic, McAdam, Canterbury Area	**40.0**	**42.2**
Neguac, Alnwick, Esgenoopetitj Area	**36.5**	**35.1**
New Maryland, Kingsclear, Lincoln Area	**51.6**	**47.0**
Oromocto, Gagetown, Fredericton Junction Area	**39.9**	**40.5**
Perth-Andover, Plaster Rock, Tobique Area	**42.0**	**35.8**
Quispamsis, Rothesay, Hampton Area	**49.4**	**48.4**
Riverview and Coverdale	**48.0**	**47.7**
Sackville, Dorchester, Port Elgin Area	**45.9**	**39.0**
Saint John, Simonds and Musquash	**46.2**	**43.2**
Salisbury and Petitcodiac	**42.9**	**42.2**
Shediac, Beaubassin East and Cap-Pelé	**47.8**	**45.6**
Shippagan, Lamèque, Inkerman Area	**48.1**	**43.3**
St. George, Grand Manan, Blacks Harbour Area	**45.4**	**39.6**
St. Stephen, Saint Andrews, Campobello Island Area	**46.5**	**41.4**
Sussex, Norton, Sussex Corner Area	**44.9**	**44.3**
Tracadie and Saint-Isidore	**48.3**	**44.2**

School districts

Anglophone East School District	**45.4**	**44.6**

	Academic Year 2025-2026	Academic Year 2024-2025
Anglophone North School District	**40.6**	**38.8**
Anglophone South School District	**46.9**	**44.2**
Anglophone West School District	**44.2**	**43.8**
Anglophone sector	**45.0**	**43.5**
District scolaire francophone Nord-Est	**47.8**	**45.3**
District scolaire francophone Nord-Ouest	S	**48.4**
District scolaire francophone Sud	**51.8**	**48.7**
Francophone sector	**50.8**	**47.6**
Grades		
Grades 6 to 8	**50.4**	**48.3**
Grades 9 to 12	**44.1**	**42.1**
Gender		
Female	**44.7**	**43.0**
Male	**50.3**	**47.8**
Non-binary	**23.6**	**23.4**
Sex at birth		
Female	**43.3**	**41.7**
Male	**50.3**	**48.0**
2SLGBTQIA+ status		
2SLGBTQIA+	**26.0**	**25.7**
Indigenous identity		
Indigenous	**40.4**	**38.1**
Immigrant		

	Academic Year 2025-2026	Academic Year 2024-2025
Immigrants	**46.8**	**44.0**
Disability or special need		
Disability or special need	**39.0**	**38.1**
Racialized groups		
Racialized groups	**45.4**	**43.0**
Socioeconomic status		
High socioeconomic status	**57.1**	n/a
Low socioeconomic status	**35.3**	n/a

About

This indicator is the percentage of students in grades 6 to 12 who reported that they talk to their family/caregiver(s) about how they feel.

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by dividing the number of respondents who answered "yes" by the number of respondents who answered "no, sometimes or yes" to the question: I talk to my family/caregiver(s) about how I feel (for example when I am hurt or sad)

Notes

Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
%	Higher is better	SH_REI08_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size