

Average resilience score of students in grades 6 to 12 (based on 17 questions, using a scale from 1 to 3, where a higher score represents a higher level of resilience)

Unit : Number

	Academic Year 2025-2026	Academic Year 2024-2025
Province		
New Brunswick	45.2	44.8
Health zones		
Zone 1 - Moncton and South-East Area	45.4	45.0
Zone 2 - Fundy Shore and Saint John Area	45.1	44.6
Zone 3 - Fredericton and River Valley Area	45.1	44.7
Zone 4 - Madawaska and North-West Area	S	45.1
Zone 5 - Restigouche Area	44.5	44.3
Zone 6 - Bathurst and Acadian Peninsula Area	45.6	45.2
Zone 7 - Miramichi Area	44.8	44.5
Communities		
Bathurst, Beresford, Petit-Rocher Area	45.3	44.8
Bouctouche, Richibucto, Saint-Antoine Area	44.5	44.3
Campbellton, Atholville, Tide Head Area	44.4	44.6
Caraquet, Paquetville, Bertrand Area	45.4	45.9
Dalhousie, Balmoral, Belledune Area	44.7	43.8
Dieppe and Memramcook	46.6	46.0
Douglas, Saint Marys, Doaktown Area	43.7	43.2
Edmundston, Rivière-Verte, Lac Baker Area	S	45.4
Florenceville-Bristol, Woodstock, Wakefield Area	45.2	45.2
Fredericton	45.6	45.1

	Academic Year 2025-2026	Academic Year 2024-2025
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a
Grand Falls, Saint-Léonard, Drummond Area	44.9	44.3
Hillsborough, Riverside-Albert, Alma Area	43.4	43.7
Kedgwick, Saint-Quentin and Grimmer	S	45.5
Minto, Chipman, Cambridge-Narrows Area	43.4	43.3
Miramichi, Rogersville, Blackville Area	44.9	44.6
Moncton	45.5	45.2
Nackawic, McAdam, Canterbury Area	44.6	44.2
Neguac, Alnwick, Esgenoopetitj Area	43.2	43.2
New Maryland, Kingsclear, Lincoln Area	45.5	45.1
Oromocto, Gagetown, Fredericton Junction Area	44.3	44.0
Perth-Andover, Plaster Rock, Tobique Area	43.4	42.8
Quispamsis, Rothesay, Hampton Area	45.7	45.3
Riverview and Coverdale	45.3	45.1
Sackville, Dorchester, Port Elgin Area	45.1	43.8
Saint John, Simonds and Musquash	45.0	44.5
Salisbury and Petitcodiac	44.3	43.6
Shediac, Beaubassin East and Cap-Pelé	45.6	45.0
Shippagan, Lamèque, Inkerman Area	45.6	45.3
St. George, Grand Manan, Blacks Harbour Area	44.5	44.4
St. Stephen, Saint Andrews, Campobello Island Area	44.6	44.1
Sussex, Norton, Sussex Corner Area	44.7	44.3
Tracadie and Saint-Isidore	46.1	45.3

School districts

	Academic Year 2025-2026	Academic Year 2024-2025
Anglophone East School District	45.0	44.8
Anglophone North School District	44.4	44.1
Anglophone South School District	45.1	44.6
Anglophone West School District	44.9	44.6
Anglophone sector	44.9	44.6
District scolaire francophone Nord-Est	45.5	45.2
District scolaire francophone Nord-Ouest	S	45.3
District scolaire francophone Sud	46.3	45.6
Francophone sector	45.9	45.5
Grades		
Grades 6 to 8	45.3	44.9
Grades 9 to 12	45.1	44.8
Gender		
Female	45.5	45.1
Male	45.4	45.0
Non-binary	39.0	39.5
Sex at birth		
Female	45.2	44.8
Male	45.3	44.9
2SLGBTQIA+ status		
2SLGBTQIA+	42.0	41.6
Indigenous identity		
Indigenous	43.6	43.0

	Academic Year 2025-2026	Academic Year 2024-2025
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Immigrant

Immigrants	45.2	44.8
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Disability or special need

Disability or special need	42.6	42.2
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Racialized groups

Racialized groups	44.8	44.4
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Socioeconomic status

High socioeconomic status	46.7	n/a
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Low socioeconomic status	43.0	n/a
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About

This indicator is the percentage of average resilience score of students in grades 6 to 12 (based on 17 questions, using a scale from 1 to 3, where a higher score represents a higher level of resilience).

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by doing the 'sum of the values provided by the respondents' divided by 'the total number of respondents' for 17 separate questions measuring resilience. The response options for these 17 questions are: no, sometimes and yes

Notes

Due to an update of the resilience scale, this indicator has replaced SH_RESTS_1 starting with the 2024-2025 edition of the questionnaire. Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
Number	Higher is better	SH_REITS_1

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size