Average resilience score of students in grades 6 to 12 (based on 17 questions, using a scale from 1 to 3, where a higher score represents a higher level of resilience)

Unit : Number

	Academic Year 2025-2026	Academic Year 2024-2025
Province		
New Brunswick	**45.2**	**44.8**
Health zones		
Zone 1 - Moncton and South-East Area	**45.4**	**45.0**
Zone 2 - Fundy Shore and Saint John Area	**45.1**	**44.6**
Zone 3 - Fredericton and River Valley Area	**45.1**	**44.7**
Zone 4 - Madawaska and North-West Area	S	**45.1**
Zone 5 - Restigouche Area	**44.5**	**44.3**
Zone 6 - Bathurst and Acadian Peninsula Area	**45.6**	**45.2**
Zone 7 - Miramichi Area	**44.8**	**44.5**
Communities		
Bathurst, Beresford, Petit-Rocher Area	**45.3**	**44.8**
Bouctouche, Richibucto, Saint-Antoine Area	**44.5**	**44.3**
Campbellton, Atholville, Tide Head Area	**44.4**	**44.6**
Caraquet, Paquetville, Bertrand Area	**45.4**	**45.9**
Dalhousie, Balmoral, Belledune Area	**44.7**	**43.8**
Dieppe and Memramcook	**46.6**	**46.0**
Douglas, Saint Marys, Doaktown Area	**43.7**	**43.2**
Edmundston, Rivière-Verte, Lac Baker Area	S	**45.4**
Florenceville-Bristol, Woodstock, Wakefield Area	**45.2**	**45.2**
Fredericton	**45.6**	**45.1**

	Academic Year 2025-2026	Academic Year 2024-2025
Grand Bay-Westfield, Westfield, Greenwich Area	n/a	n/a
Grand Falls, Saint-Léonard, Drummond Area	**44.9**	**44.3**
Hillsborough, Riverside-Albert, Alma Area	**43.4**	**43.7**
Kedgwick, Saint-Quentin and Grimmer	S	**45.5**
Minto, Chipman, Cambridge-Narrows Area	**43.4**	**43.3**
Miramichi, Rogersville, Blackville Area	**44.9**	**44.6**
Moncton	**45.5**	**45.2**
Nackawic, McAdam, Canterbury Area	**44.6**	**44.2**
Neguac, Alnwick, Esgenoopetitj Area	**43.2**	**43.2**
New Maryland, Kingsclear, Lincoln Area	**45.5**	**45.1**
Oromocto, Gagetown, Fredericton Junction Area	**44.3**	**44.0**
Perth-Andover, Plaster Rock, Tobique Area	**43.4**	**42.8**
Quispamsis, Rothesay, Hampton Area	**45.7**	**45.3**
Riverview and Coverdale	**45.3**	**45.1**
Sackville, Dorchester, Port Elgin Area	**45.1**	**43.8**
Saint John, Simonds and Musquash	**45.0**	**44.5**
Salisbury and Petitcodiac	**44.3**	**43.6**
Shediac, Beaubassin East and Cap-Pelé	**45.6**	**45.0**
Shippagan, Lamèque, Inkerman Area	**45.6**	**45.3**
St. George, Grand Manan, Blacks Harbour Area	**44.5**	**44.4**
St. Stephen, Saint Andrews, Campobello Island Area	**44.6**	**44.1**
Sussex, Norton, Sussex Corner Area	**44.7**	**44.3**
Tracadie and Saint-Isidore	**46.1**	**45.3**

School districts

	Academic Year 2025-2026	Academic Year 2024-2025
Anglophone East School District	**45.0**	**44.8**
Anglophone North School District	**44.4**	**44.1**
Anglophone South School District	**45.1**	**44.6**
Anglophone West School District	**44.9**	**44.6**
Anglophone sector	**44.9**	**44.6**
District scolaire francophone Nord-Est	**45.5**	**45.2**
District scolaire francophone Nord-Ouest	S	**45.3**
District scolaire francophone Sud	**46.3**	**45.6**
Francophone sector	**45.9**	**45.5**
Grades		
Grades 6 to 8	**45.3**	**44.9**
Grades 9 to 12	**45.1**	**44.8**
Gender		
Female	**45.5**	**45.1**
Male	**45.4**	**45.0**
Non-binary	**39.0**	**39.5**
Sex at birth		
Female	**45.2**	**44.8**
Male	**45.3**	**44.9**
2SLGBTQIA+ status		
2SLGBTQIA+	**42.0**	**41.6**
Indigenous identity		
Indigenous	**43.6**	**43.0**

	Academic Year 2025-2026	Academic Year 2024-2025
Immigrant		
Immigrants	**45.2**	**44.8**
Disability or special need		
Disability or special need	**42.6**	**42.2**
Racialized groups		
Racialized groups	**44.8**	**44.4**
Socioeconomic status		
High socioeconomic status	**46.7**	n/a
Low socioeconomic status	**43.0**	n/a

About

This indicator is the percentage of average resilience score of students in grades 6 to 12 (based on 17 questions, using a scale from 1 to 3, where a higher score represents a higher level of resilience).

Source

Student Wellness and Education Survey, Grades 6-12

Calculations

This indicator is calculated by doing the 'sum of the values provided by the respondents' divided by 'the total number of respondents' for 17 separate questions measuring resilience. The response options for these 17 questions are: no, sometimes and yes

Notes

Due to an update of the resilience scale, this indicator has replaced SH_RESTS_1 starting with the 2024-2025 edition of the questionnaire. Due to a low school participation rate in some areas of the province for the 2025-2026 edition of this survey, survey results are not available for District scolaire francophone Nord-Ouest (school district), Madawaska and North-West Area (health zone), Kedgwick, Saint-Quentin and Grimmer (community), and Edmundston, Rivière-Verte, Lac Baker Area (community). Users are advised to exercise caution if comparing data from the community of Grand Bay-Westfield, Westfield, Greenwich Area to other New Brunswick communities. The data for the community of Grand Bay-Westfield, Westfield, Greenwich Area is based on students in grades 6 to 8, while data from the other communities are based on students in grades 6 to 12. Survey results are assigned to communities based on the location of the school. The community of Grand Bay-Westfield, Westfield, Greenwich Area does not have any schools with grades 9 to 12.

Unit	Interpretation	NBHC code
Number	Higher is better	SH_REITS_1

Caption
n/a = Not applicable / not available
S = Data suppressed due to confidentiality requirements and/or small sample size