# Citizens receiving any type of home care services and who have one or more chronic health conditions (among a list of 15) who reported that they are very confident in controlling and managing their health condition

Unit:%

|  | Year<br>2024 |
|--|--------------|
| Province   |              |
| New Brunswick                                    | 14.7         |
| Health zones                                     |              |
| Zone 1 - Moncton and South-East Area             | 14.4         |
| Zone 2 - Fundy Shore and Saint John Area         | 14.1         |
| Zone 3 - Fredericton and River Valley Area       | 13.5         |
| Zone 4 - Madawaska and North-West Area           | 19.9         |
| Zone 5 - Restigouche Area                        | 14.2         |
| Zone 6 - Bathurst and Acadian Peninsula Area     | 18.2         |
| Zone 7 - Miramichi Area                          | 10.3         |
| Communities                                      |              |
| Bathurst, Beresford, Petit-Rocher Area           | 16.3         |
| Bouctouche, Richibucto, Saint-Antoine Area       | 13.3         |
| Campbellton, Atholville, Tide Head Area          | 14.6         |
| Caraquet, Paquetville, Bertrand Area             | 23.1         |
| Dalhousie, Balmoral, Belledune Area              | 14.0         |
| Dieppe and Memramcook                            | 13.9         |
| Douglas, Saint Marys, Doaktown Area              | 11.3         |
| Edmundston, Rivière-Verte, Lac Baker Area        | 16.8         |
| Florenceville-Bristol, Woodstock, Wakefield Area | 13.6         |
| Fredericton                                      | 16.1         |



|  | <b>Year</b><br>2024 |
|--|---------------------|
| Grand Bay-Westfield, Westfield, Greenwich Area     | S                   |
| Grand Falls, Saint-Léonard, Drummond Area          | 22.0                |
| Hillsborough, Riverside-Albert, Alma Area          | S                   |
| Kedgwick, Saint-Quentin and Grimmer                | 28.1                |
| Minto, Chipman, Cambridge-Narrows Area             | 7.7                 |
| Miramichi, Rogersville, Blackville Area            | 10.2                |
| Moncton  | 16.0                |
| Nackawic, McAdam, Canterbury Area                  | 14.4                |
| Neguac, Alnwick, Esgenoopetitj Area                | 10.9                |
| New Maryland, Kingsclear, Lincoln Area             | 11.7                |
| Oromocto, Gagetown, Fredericton Junction Area      | 13.3                |
| Perth-Andover, Plaster Rock, Tobique Area          | 13.8                |
| Quispamsis, Rothesay, Hampton Area                 | 16.5                |
| Riverview and Coverdale                            | 16.6                |
| Sackville, Dorchester, Port Elgin Area             | 13.0                |
| Saint John, Simonds and Musquash                   | 13.2                |
| Salisbury and Petitcodiac                          | S                   |
| Shediac, Beaubassin East and Cap-Pelé              | 13.3                |
| Shippagan, Lamèque, Inkerman Area                  | 28.7                |
| St. George, Grand Manan, Blacks Harbour Area       | 19.6                |
| St. Stephen, Saint Andrews, Campobello Island Area | 10.1                |
| Sussex, Norton, Sussex Corner Area                 | 12.0                |
| Tracadie and Saint-Isidore                         | 11.5                |

## Age



|  | Year                |
|--|---------------------|
| 18-64                                  | 2024<br><b>16.4</b> |
| 65 and over                            | 14.4                |
| Gender                                 |                     |
| Female                                 | 14.7                |
| Male                                   | 14.8                |
| 2SLGBTQIA+ status                      |                     |
| 2SLGBTQIA+                             | S                   |
| Language                               |                     |
| Most comfortable in English            | 13.6                |
| Most comfortable in French             | 17.3                |
| Comfortable in both English and French | 17.4                |
| Indigenous identity                    |                     |
| Indigenous                             | 19.0                |
| Immigrant                              |                     |
| Immigrants                             | 14.6                |
| Education level                        |                     |
| High school or less                    | 13.7                |
| Postsecondary                          | 15.6                |
| Disability or special need             |                     |
| Disability or special need             | 12.0                |
| Household income                       |                     |
| Less than \$30,000                     | 14.0                |
| \$30,000 to less than \$60,000         | 13.9                |

Data downloaded from the NBHC website on September 8, 2025 More information available at: https://nbhc.ca/indicators/hc\_mgt15\_1



13.3

|                   | <b>Year</b><br>2024 |
|-------------------|---------------------|
| \$60,000 or more  | 18.4                |
| Racialized groups |                     |

Racialized groups



## About

This indicator is the percentage of citizens receiving any type of home care services and who have one or more chronic health conditions (among a list of 15) who reported that they are very confident in controlling and managing their health condition.

#### Source

Home Care Survey

#### Calculations

This indicator is based on respondents who have been diagnosed or treated for one (1) or more of the following chronic health conditions: arthritis, asthma, emphysema or COPD (chronic obstructive pulmonary disease), chronic pain, cancer, diabetes, depression, heart disease, stroke, high blood pressure or hypertension, a mood disorder other than depression, such as bipolar disorder, mania, manic depression or dysthymia, gastric reflux (or GERD), alzheimer's disease or another form of dementia, anxiety or high cholesterol. This indicator is calculated by dividing the number of respondents who answered "very confident" by the number of respondents who answered "not at all confident, not very confident, confident or very confident" to the question: How confident are you that you can control and manage your health condition?

### Notes

This indicator has replaced the following indicator(s) previously available on our website:  $HC_MGTHC_1$ 

Unit %

Interpretation Higher is better NBHC code HC\_MGT15\_1

#### Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size