HOME CARE SURVEY

Profile of citizens receiving home support services



Community Shediac, Beaubassin East and Cap-Pelé



Zone 1 Moncton and South-East Area



Province New Brunswick

Health status

Quality of life

Perceived health, very good or excellent % 2018	13.0	10.9	9.2
Perceived mental health, very good or excellent % 2024	12.4	18.8	18.6

Prevalence of chronic health conditions

Among list of chronic conditions: arthritis, asthma, chronic pain, emphysema or COPD, cancer, diabetes, depression, mood disorder other than depression, heart disease, stroke, high blood pressure, gastric reflux, alzheimer's disease or another form of dementia, anxiety, or high cholesterol

Five or more chronic health conditions % 2024	90.6	93.4	93.7
Types of chronic condition (physical health)			
Hypertension % 2024	67.8	57.5	57.9
Arthritis % 2024	40.6	46.7	52.1
Chronic pain % 2024	25.5	34.3	37.0
High cholesterol % 2024	32.2	35.5	32.8
Diabetes % 2024	21.4	28.2	31.2
Heart disease % 2024	25.6	31.7	28.8
Gastric reflux % 2024	27.3	26.2	28.0
Asthma % 2024	24.1	18.0	20.7



Cancer % 2024 25.7 21.5 Stroke % 2024 11.4 15.5 Emphysema/COPD % 2021 9.1 14.6 Types of chronic health conditions (mental health) Anxiety % 2024 27.0 27.2 Depression % 2024 33.2 29.1 Mood disorder (other than depression) % 2021 14.0 8.6 Types of chronic health conditions (memory) Alzheimer's disease % 2024 12.0 10.2 Management of heath chronic conditions Confidence in managing their health condition, very confident % 2024 S 12.9	
Emphysema/COPD % 2021 9.1 14.6 Types of chronic health conditions (mental health) Anxiety % 2024 27.0 27.2 Depression % 2024 33.2 29.1 Mood disorder (other than depression) % 2021 14.0 8.6 Types of chronic health conditions (memory) Alzheimer's disease % 2024 12.0 10.2	19.2
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Management of heath chronic conditions	
-	11.0
Confidence in managing their health condition, very confident % 2024	
Connectice in managing their fleatin condition, very connectic /// 2024	13.6
Care received from an informal caregiver	
Lives alone % 2024 64.6 64.4	62.4
In the last 2 months	
Received help from an informal caregiver % 2024 67.4 60.5	58.6
Received help at least once a week % 2024 78.1 80.5	78.8



About this Table

Content and description

Data about self-reported health, chronic health conditions, and whether citizens received care from informal caregivers.

Why is it important?

By better understanding the characteristics of citizens receiving home care services in New Brunswick, we can better understand their needs, thus provide more citizen-centered care.

Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on <u>our Home Care Survey page</u>.

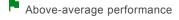
Note about demographic groups

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size



Below-average performance