# HOME CARE SURVEY Profile of citizens receiving home support services





Community Grand Bay-Westfield, Fundy Shore and Westfield, Saint John Area Greenwich Area

Province New Brunswick

## Health status

## Quality of life

Perceived health, very good or excellent %   2024	S	7.5	7.7
Perceived mental health, very good or excellent %   2024	S	16.4	18.6

### Prevalence of chronic health conditions

Among list of chronic conditions: arthritis, asthma, chronic pain, emphysema or COPD, cancer, diabetes, depression, mood disorder other than depression, heart disease, stroke, high blood pressure, gastric reflux, alzheimer's disease or another form of dementia, anxiety, or high cholesterol

Types of chronic condition (physical health)			
Hypertension %   2024	S	59.2	57.9
Arthritis %   2024	S	55.6	52.1
Chronic pain %   2024	S	37.5	37.0
High cholesterol %   2024	S	29.9	32.8
Diabetes %   2024	S	32.2	31.2
Heart disease %   2024	S	29.7	28.8
Gastric reflux %   2024	S	28.6	28.0
Asthma %   2024	S	19.1	20.7



Cancer %   2024S17.019.2Stroke %   2024S12.714.7Emphysema/COPD %   2024S16.013.9Types of chronic health conditions (mental health)S30.431.4Depression %   2024S35.130.0Mood disorder (other than depression) %   2024S7.86.4Types of chronic health conditions (memory) Alzheimer's disease %   2024S14.011.0Management of heath chronic conditions Confidence in managing their health condition, very confident %   2024S14.613.6Care received from an informal caregiver Lives alone %   2024S62.662.462.4In the last 2 months Received help from an informal caregiver %   2024S57.458.6Received help at least once a week %   2024S78.578.578.5		Community Grand Bay- Westfield, Westfield, Greenwich Area	Zone 2 Fundy Shore and Saint John Area	Province New Brunswick
Emphysema/COPD %   2024S16.013.9Types of chronic health conditions (mental health)Anxiety %   2024S30.431.4Depression %   2024S35.130.0Mood disorder (other than depression) %   2024S7.86.4Types of chronic health conditions (memory)Alzheimer's disease %   2024S14.011.0Management of heath chronic conditions Confidence in managing their health condition, very confident %   2024S14.613.6Care received from an informal caregiver Lives alone %   2024S62.662.4In the last 2 months Received help from an informal caregiver %   2024S57.458.6	Cancer %   2024	S	17.0	19.2
Types of chronic health conditions (mental health)   Anxiety %   2024 S 30.4 31.4   Depression %   2024 S 35.1 30.0   Mood disorder (other than depression) %   2024 S 7.8 6.4   Types of chronic health conditions (memory) Alzheimer's disease %   2024 S 14.0 11.0   Management of heath chronic conditions Confidence in managing their health condition, very confident %   2024 S 14.6 13.6   Care received from an informal caregiver Lives alone %   2024 S 62.6 62.4   In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Stroke %   2024	S	12.7	14.7
Anxiety %   2024S30.431.4Depression %   2024S35.130.0Mood disorder (other than depression) %   2024S7.86.4Types of chronic health conditions (memory) Alzheimer's disease %   2024S14.011.0Management of heath chronic conditions Confidence in managing their health condition, very confident %   2024S14.613.6Care received from an informal caregiverLives alone %   2024S62.662.4In the last 2 months Received help from an informal caregiver %   2024S57.458.6	Emphysema/COPD %   2024	S	16.0	13.9
Depression %   2024 S 35.1 30.0   Mood disorder (other than depression) %   2024 S 7.8 6.4   Types of chronic health conditions (memory) Alzheimer's disease %   2024 S 14.0 11.0   Management of heath chronic conditions Confidence in managing their health condition, very confident %   2024 S 14.6 13.6   Care received from an informal caregiver Lives alone %   2024 S 62.6 62.4   In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Types of chronic health conditions (mental health)			
Mood disorder (other than depression) %   2024 S 7.8 6.4   Types of chronic health conditions (memory) Alzheimer's disease %   2024 S 14.0 11.0   Management of heath chronic conditions Confidence in managing their health condition, very confident %   2024 S 14.6 13.6   Care received from an informal caregiver Lives alone %   2024 S 62.6 62.4   In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Anxiety %   2024	S	30.4	31.4
Types of chronic health conditions (memory) S 14.0 11.0   Management of heath chronic conditions S 14.6 13.6   Confidence in managing their health condition, very confident %   2024 S 14.6 13.6   Care received from an informal caregiver S 62.6 62.4   In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Depression %   2024	S	35.1	30.0
Alzheimer's disease %   2024 S 14.0 11.0   Management of heath chronic conditions Confidence in managing their health condition, very confident %   2024 S 14.6 13.6   Care received from an informal caregiver Image: S 62.6 62.4   In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Mood disorder (other than depression) %   2024	S	7.8	6.4
Management of heath chronic conditions S 14.6 13.6   Confidence in managing their health condition, very confident %   2024 S 14.6 13.6   Care received from an informal caregiver   Lives alone %   2024 S 62.6 62.4   In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Types of chronic health conditions (memory)			
Confidence in managing their health condition, very confident %   2024 S 14.6 13.6   Care received from an informal caregiver   Lives alone %   2024 S 62.6 62.4   In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Alzheimer's disease %   2024	S	14.0	11.0
Care received from an informal caregiver   Lives alone %   2024 S 62.6 62.4   In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Management of heath chronic conditions			
Lives alone %   2024 S 62.6 62.4   In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Confidence in managing their health condition, very confident %   2024	S	14.6	13.6
In the last 2 months Received help from an informal caregiver %   2024 S 57.4 58.6	Care received from an informal caregiver			
Received help from an informal caregiver %   2024 S 57.4 58.6	Lives alone %   2024	S	62.6	62.4
	In the last 2 months			
Received help at least once a week %   2024 S 78.5 78.8	Received help from an informal caregiver %   2024	S	57.4	58.6
	Received help at least once a week %   2024	S	78.5	78.8

## About this Table

#### Content and description

Data about self-reported health, chronic health conditions, and whether citizens received care from informal caregivers.

#### Why is it important?

By better understanding the characteristics of citizens receiving home care services in New Brunswick, we can better understand their needs, thus provide more citizen-centered care.

#### Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on <u>our Home Care Survey page</u>.

### Note about demographic groups

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

.....

#### Caption

- n/a = Not applicable / not available
- S = Data suppressed due to confidentiality requirements and/or small sample size
- Above-average performance
- P Below-average performance