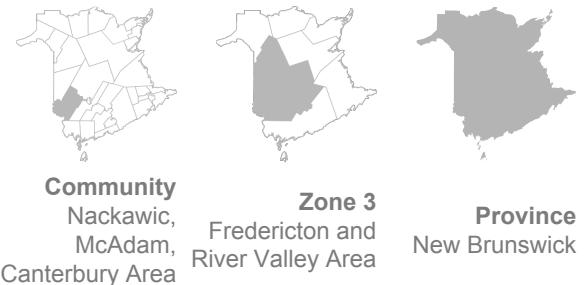


HOME CARE SURVEY

Profile of citizens receiving home support services



Health status

Quality of life

Perceived health, very good or excellent % 2018	0.0	10.7	9.2
Perceived mental health, very good or excellent % 2021	18.5	16.3	16.2

Prevalence of chronic health conditions

Among list of chronic conditions: arthritis, asthma, chronic pain, emphysema or COPD, cancer, diabetes, depression, mood disorder other than depression, heart disease, stroke, high blood pressure, gastric reflux, alzheimer's disease or another form of dementia, anxiety, or high cholesterol

Five or more chronic health conditions % 2024	S	94.3	93.7
---	---	------	------

Types of chronic condition (physical health)

Hypertension % 2021	59.3	55.8	56.4
Arthritis % 2021	58.1	54.9	52.9
Chronic pain % 2021	40.6	35.2	38.4
High cholesterol % 2021	33.9	28.1	29.9
Diabetes % 2021	24.5	31.8	32.7
Heart disease % 2021	38.7	34.7	30.6
Gastric reflux % 2021	38.9	29.7	28.9
Asthma % 2021	13.6	21.0	20.6

	Community Nackawic, McAdam, Canterbury Area	Zone 3 Fredericton and River Valley Area	Province New Brunswick
Cancer % 2021	19.8	17.6	16.8
Stroke % 2021	14.0	16.2	14.3
Emphysema/COPD % 2021	23.7	16.5	16.4

Types of chronic health conditions (mental health)

Anxiety % 2021	22.1	25.3	31.0
Depression % 2021	33.3	30.7	30.9
Mood disorder (other than depression) % 2018	0.0	8.5	7.8

Types of chronic health conditions (memory)

Alzheimer's disease % 2021	13.3	12.2	9.9
------------------------------	------	------	-----

Management of health chronic conditions

Confidence in managing their health condition, very confident % 2024	S	12.8	13.6
--	---	------	------

Care received from an informal caregiver

Lives alone % 2021	51.5	60.0	58.9
----------------------	------	------	------

In the last 2 months

Received help from an informal caregiver % 2021	71.9	59.4	56.1
Received help at least once a week % 2024	S	75.1	78.8

About this Table

Content and description

Data about self-reported health, chronic health conditions, and whether citizens received care from informal caregivers.

Why is it important?

By better understanding the characteristics of citizens receiving home care services in New Brunswick, we can better understand their needs, thus provide more citizen-centered care.

Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on [our Home Care Survey page](#).

Note about demographic groups

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

Caption

n/a = Not applicable / not available

S = Data suppressed due to confidentiality requirements and/or small sample size

 Above-average performance

 Below-average performance