# HOME CARE SURVEY Profile of citizens receiving home support services





Zone 7

Miramichi Area

**Community** Miramichi, Rogersville, Blackville Area

Province New Brunswick

## **Health status**

## Quality of life

Perceived health, very good or excellent %   2024	7.6	6.4	7.7
Perceived mental health, very good or excellent %   2024	15.4	13.7	18.6

### Prevalence of chronic health conditions

Among list of chronic conditions: arthritis, asthma, chronic pain, emphysema or COPD, cancer, diabetes, depression, mood disorder other than depression, heart disease, stroke, high blood pressure, gastric reflux, alzheimer's disease or another form of dementia, anxiety, or high cholesterol

Five or more chronic health conditions %   2024	92.8	94.0	93.7
Types of chronic condition (physical health)			
Hypertension %   2024	66.3	66.5	57.9
Arthritis %   2024	54.5	55.8	52.1
Chronic pain %   2024	40.8	39.5	37.0
High cholesterol %   2024	36.4	37.0	32.8
Diabetes %   2024	26.0	27.9	31.2
Heart disease %   2024	30.6	30.1	28.8
Gastric reflux %   2024	31.9	30.8	28.0
Asthma %   2024	23.3	24.0	20.7

Data downloaded from the NBHC website on September 16, 2025 More information available at: https://nbhc.ca/table/profile-citizens-receiving-home-support-services?cuts=NBC9%2CNBZ7%2CNB





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	<b>Community</b> Miramichi, Rogersville, Blackville Area	Zone 7 Miramichi Area	Province New Brunswick
Cancer %   2024	16.6	15.1	19.2
Stroke %   2024	16.5	15.9	14.7
Emphysema/COPD %   2024	17.3	17.3	13.9
Types of chronic health conditions (mental health)			
Anxiety %   2024	38.0	37.1	31.4
Depression %   2024	28.9	27.4	30.0
Mood disorder (other than depression) %   2024	6.5	5.8	6.4
Types of chronic health conditions (memory)			
Alzheimer's disease %   2024	10.3	10.2	11.0
Management of heath chronic conditions			
Confidence in managing their health condition, very confident $\%\mid$ 2024	8.1	7.6	13.6
Care received from an informal caregiver			
Lives alone %   2024	66.2	62.3	62.4
n the last 2 months			
Received help from an informal caregiver %   2024	64.1	65.2	58.6
Received help at least once a week %   2024	74.9	76.4	78.8

## About this Table

#### Content and description

Data about self-reported health, chronic health conditions, and whether citizens received care from informal caregivers.

#### Why is it important?

By better understanding the characteristics of citizens receiving home care services in New Brunswick, we can better understand their needs, thus provide more citizen-centered care.

#### Availability of the data

The information for this data table is available at different geographical levels as well as by demographic groups. More information is available on <u>our Home Care Survey page</u>.

### Note about demographic groups

In 2023, the NBHC undertook a review of the demographic questions in its surveys to more accurately report on the experience of citizens who identify with particular groups. As such, starting in 2024, all demographic groups (characteristics) have been adjusted to reflect this change. Data tables and indicator pages were adjusted to allow for trending where applicable.

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#### Caption

- n/a = Not applicable / not available
- S = Data suppressed due to confidentiality requirements and/or small sample size
- Above-average performance
- P Below-average performance