

**New Brunswick Student Education and Wellness Survey  
Student Questionnaire: 4-5  
Year B**

**LANDING PAGE**

**New Brunswick Elementary Student Education and Wellness Survey 2022-2023**

Dear student,

We would really appreciate your help.

The Departments of Education and Health, and your school need to hear from students. We want to better understand how things are going for you and what is needed by students in New Brunswick. This survey is about physical and mental health and about your experience in school.

THIS IS NOT A TEST. There are no right or wrong answers.

Your answers are confidential. No one will be able to know what you answered. So, please be honest. Your answers to these questions are very important.

If you do not want to answer a question, leave it blank. You may stop the survey at any time.

Thank you!

To begin the survey, please enter the PIN code provided by your teacher.

	Begin the <u>S</u> urvey
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*You may enter your PIN with uppercase or lowercase letters.*

**ABOUT YOU**

**A1-c What grade are you in?**

- 3
- 4
- 5
- 6

[REDIRECT\*]  
[CONTINUE]  
[CONTINUE]  
[REDIRECT†]

\* This survey is for students in grades 4 and 5. Please see your teacher.

† This survey is for students in grades 4 and 5. Please see your teacher for the survey for students in grade 6.

**A2-c To confirm, you are in grade [SELECTED GRADE], is that correct?**

- Yes
- No

[CONTINUE]  
[GO TO A1-c]

**A3-c Do you think of yourself as...**

- A boy
- A girl
- In another way
- I prefer not to answer

**A4-c Were you born in Canada?**

- Yes
- No
- I do not know

**A5-c Are you Indigenous?**

(Indigenous means all of these: Mi'kmaw, Wəlastəkewiyik/Wolastoqew/Maliseet, Peskotomuhkati, First Nation, Inuk, and Métis.)

- Yes
- No
- I am not sure
- I prefer not to answer

**A6-c For each item, choose what best describes your feelings and ideas.**

	Not like me	A little like me	A lot like me
a) I feel I do things well at school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) I like to spend time with my parents.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) I feel I do things well at home.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) I feel I have a choice about when and how to do my schoolwork.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) I like to spend time with my teachers.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) I feel I have a choice about which activities to do with my friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g) I feel I do things well when I am with my friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h) I like to spend time with my friends.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
i) I feel like I have a choice about when and how to do my household chores.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**A7-b For each item, choose what best describes your feelings and ideas.**

	Not like me	A little like me	A lot like me
a) I often do favours for people without being asked.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

- |  |                       |                       |                       |
|--|-----------------------|-----------------------|-----------------------|
| b) I often lend things to people without being asked.    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c) I often help people without being asked.              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d) I often compliment people without being asked.        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e) I often share things with people without being asked. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

**A8-b** For each item, choose what best describes your feelings and ideas.

- |   | Not<br>like me        | A little<br>like me   | A lot<br>like me      |
|---|-----------------------|-----------------------|-----------------------|
| a) I make other people do what I want.                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b) I disobey my parents.  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c) I talk back to my teachers.                                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d) I get into fights.   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e) I often say mean things to people to get what I want.            | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| f) I take things that are not mine from home, school, or elsewhere. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

## YOU AND SCHOOL

**B1-b** For each item, choose what best describes your feelings and ideas.

- |  | Not<br>like me        | A little<br>like me   | A lot<br>like me      |
|--|-----------------------|-----------------------|-----------------------|
| a) I feel close to people at my school.              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| b) I feel I am part of my school.                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| c) I am happy to be at my school.                    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| d) I feel the teachers at my school treat me fairly. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| e) I feel safe in my school.                         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

--- ANGLOPHONE ONLY QUESTIONS START ---

**B2-c** How are things going for you at school? Pick the answer below that best describes how true each statement is for you this school year.

- |  | Really<br>false for<br>me | Sort of<br>false for<br>me | Sort of<br>true for<br>me | Really<br>true for<br>me |
|--|---------------------------|----------------------------|---------------------------|--------------------------|
| a) I can work at my own pace at school.                            | <input type="radio"/>     | <input type="radio"/>      | <input type="radio"/>     | <input type="radio"/>    |
| b) I have choices in how I show what I have learned.               | <input type="radio"/>     | <input type="radio"/>      | <input type="radio"/>     | <input type="radio"/>    |
| c) Teachers/adults in this school listen to my ideas and opinions. | <input type="radio"/>     | <input type="radio"/>      | <input type="radio"/>     | <input type="radio"/>    |
| d) I feel free to express myself at school.                        | <input type="radio"/>     | <input type="radio"/>      | <input type="radio"/>     | <input type="radio"/>    |
| e) I can succeed in my schoolwork.                                 | <input type="radio"/>     | <input type="radio"/>      | <input type="radio"/>     | <input type="radio"/>    |

**B3-c How well do each of these statements describe you?**

	Really false for me	Sort of false for me	Sort of true for me	Really true for me
a) My teachers like me and care about me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) I feel I belong at my school.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) There is at least one adult at school I can go to for help.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**B4-c What do you think of the following statements about learning at your school?**

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
a) In the past two weeks, I learned at least one thing in school that made me want to know more.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) The things I learn at school are important for my future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**B5-c How hard do you find your schoolwork?**

	Too easy	A little easy	Just right	A little hard	Too hard
a) The work I am given at school is....	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**B6-c In the past two weeks, how often did the following things happen in school?**

	Not at all	One or twice	On most days	At least once every day	Many times each day
a) The teacher checked to make sure I understood.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) I worked with a partner, or in a small group.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) The teacher gave me a chance to explain my thinking.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) I got feedback from the teacher that helped me to improve what I was working on.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) I could have learned just as well by reading or looking it up on my own.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) It was hard to pay attention because of how often the class was interrupted.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g) I was expected to work hard in my subjects.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**B7-c What program are you in?**

French Immersion  
English Program

--- ANGLOPHONE ONLY QUESTIONS END ---

**YOU AND YOUR HABITS**

**C1-c Last week, how many times did you:**

	Number of times:							
	None	1	2	3	4	5	6	7+
a) Eat breakfast?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) Eat at a breakfast or snack program at school?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**D1-c On most days, how much time do you spend...**

	None	Less than 30 min	30 min	1 hour	1 hour and 30 min	2 hours	3 hours or more	I do not know
	a) Watching TV/Movies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b) Using a smart phone or tablet (for games, YouTube, FaceTime, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c) Playing video games	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d) Using the computer (not for school)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e) Reading (not for school)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f) Being physically active at school (walking/biking to school, open gyms in the morning or lunch time, intramurals, physical education class, fitness breaks, yoga, Mornings in Motion, school-sports team or clubs.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g) Being physically active outside school (running, walking, swimming, sports, yard work, etc.)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h) Playing outside	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**ABOUT BULLYING**

It is BULLYING when we say or do unfriendly things to hurt others. It is bullying to tease others over and over in a mean way. It is bullying to leave someone out on purpose. But it is NOT BULLYING when two students of about the same power argue or fight. It is also not bullying when teasing feels friendly and playful to the person being teased.

**E1-c I have been bullied this year.**

- Yes
- No

**E2-c I feel I can tell adults in this school when there are bullying problems.**

- Yes
- No

--- ANGLOPHONE ONLY QUESTIONS START ---

**E3-c** In the last two months, have you been bullied at school in the ways listed below?

	Yes	No
a) Physical attacks ( <i>for example, getting beaten up, pushed or kicked</i> ).	<input type="radio"/>	<input type="radio"/>
b) Verbal attacks ( <i>for example, being called mean names, made fun of or teased in a hurtful way, threatened, or having lies told or rumours spread about you</i> ).	<input type="radio"/>	<input type="radio"/>
c) Online bullying ( <i>for example, receiving mean text messages or having rumours spread about you on the Internet or on social media</i> ).	<input type="radio"/>	<input type="radio"/>
d) Exclusion ( <i>for example, being left out of things on purpose, being excluded from a group of friends or completely ignored</i> ).	<input type="radio"/>	<input type="radio"/>
e) Someone stole from you or damaged your things.	<input type="radio"/>	<input type="radio"/>
f) Someone made mean comments about your race, religion or personal features.	<input type="radio"/>	<input type="radio"/>

**E4-c** Do you stay away from any places in your school because of bullying?

(You can choose more than one answer.)

- Classrooms (including library and computer rooms)
- Hallways
- Gym
- Change rooms or locker rooms
- Washrooms
- Lunchroom or cafeteria
- Outside on school property (for example, playground, parking lot)
- Bus

DISTRICT AND SCHOOL CUSTOM QUESTIONS

--- ANGLOPHONE ONLY QUESTIONS END ---

CLOSING PAGE

Thank you!