

# Access to Primary Care Services in NB: An Equity Perspective

# 73%

of New Brunswickers reported having a permanent primary care provider (family doctor or nurse practitioner)



## Some demographic groups are less likely to report having a permanent primary care provider



Citizens who are between the ages of 18 and 64

69%



Citizens who report an annual household income of less than \$30,000

63%



Citizens who identify as belonging to a racialized group

44%



Citizens who identify as immigrants

42%

NB average:  
**73%**

0% 20% 40% 60% 80% 100%

Source: Primary Care Survey 2025

Learn More: [nbhc.ca/primarycare2025](https://nbhc.ca/primarycare2025)



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# Experience With Primary Health Care Services In New Brunswick: An Equity Perspective

Good care experience means the permanent primary care provider consistently:



Spends enough time in appointment



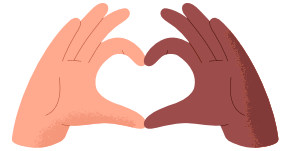
Explains things clearly



Involves patients in health decisions



Helps coordinate care from other health providers and places



Provides needed support

A lower percentage of citizens from certain demographic groups reported a good care experience with their permanent primary care provider (PPCP):

	NB	Citizens who identify as immigrants	Citizens who identify as belonging to a racialized group	Citizens who identify as belonging to the 2SLGBTQIA+ community	Citizens who report an annual household income of less than \$30,000	Citizens who are most comfortable in French when receiving services
PPCP spends enough time with them — <b>always</b>	<b>52%</b>	<b>37%</b>	<b>34%</b>	<b>42%</b>	<b>43%</b>	<b>47%</b>
PPCP explains things in a way that they could understand — <b>always</b>	<b>69%</b>	<b>57%</b>	<b>58%</b>	<b>60%</b>	<b>58%</b>	<b>63%</b>
PPCP involves them in decisions about their health — <b>always</b>	<b>65%</b>	<b>55%</b>	<b>54%</b>	<b>58%*</b>	<b>56%</b>	<b>51%</b>
PPCP helps them coordinate care from other health care providers and places — <b>always</b>	<b>56%</b>	<b>43%</b>	<b>42%</b>	<b>49%*</b>	<b>50%*</b>	<b>49%</b>
Citizens receive the support they needed from their PPCP — <b>definitely</b>	<b>67%</b>	<b>62%*</b>	<b>63%*</b>	<b>55%</b>	<b>61%</b>	<b>69%*</b>

Values marked with an asterisk (\*) are not different from the NB values, based on confidence interval comparisons.

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