# STUDENT WELLNESS& EDUCATION SURVEY

NEW BRUNSWICK PUBLIC SCHOOLS (K-12)

## WHY THIS MATTERS

## Valuable insights:

Gain an understanding of students' wellness and education from their own perspectives or those of their parents/guardians.

# **Key information:**

Explore important areas such as social-emotional development, physical health, substance use, and school experiences of New Brunswick youth.

### Informed decisions:

Support teachers, schools, and decision-makers in making choices that better serve students in your community.



# **KEY DATA WE COLLECT**



% of students eating **breakfast daily** 



% reporting **alcohol or cannabis use** 



% experiencing symptoms of *anxiety or depression* 

