

Supporting New Brunswickers to Age in Place

Results from the 2020 Primary Health Survey and the 2021 Home Care Survey



Home care services support **older adults to age at home and in their communities.**

97% of Extra-Mural Program clients

98% of home support services clients

These services helped me stay at home.

But more can be done to **support older New Brunswickers to age in place.**

In 2020, an estimated **7,500 older persons** needed home care services, but did not receive the services they felt they needed. In addition, among clients who received home care services in 2021:

6% of Extra-Mural Program clients

14% of home support services clients

More could have been done to help me stay at home.

OVER 170,000 citizens in New Brunswick are **65 and older.**

27%

Rate their **health** as very good or excellent.

49%

Rate their **mental health** as very good or excellent.

86%

Have been diagnosed or treated for 1 or more **chronic health conditions.**

36%

Live with a **disability.**

23%

Take 6 or more **prescription medications** on a regular basis.



New Brunswick
Health Council

Conseil de la santé
du Nouveau-Brunswick