

New Brunswick Student Wellness & Education SURVEY



What is it?

Evaluates the wellness and education of students directly from their perspective or from that of their parents/guardians.

Conducted on an annual basis in all NB public schools for grades K to 12.

→ Over 50,000 students in grades 4 to 12 participate every year.

→ Over 22,000 parents/guardians of students in grades K to 5 participate every year.

Aim is to understand and report on several aspects of students' wellness and education.

→ Student social and emotional development, physical health, substance use, experiences with school and community, and demographics.

Why do we survey parents/guardians and students?

To help teachers, schools, districts, and provincial decision-makers better understand the needs and strengths of students in your community.

What type of info can you find out from the Survey?



% of students who consume **alcohol or cannabis**



% of students who reported experiencing symptoms of **anxiety or depression**



% of students that **feel safe** in their school



% of students who ate **breakfast** every day



New Brunswick Health Council | Conseil de la santé du Nouveau-Brunswick

Check out our website for more information on the Survey and to consult the results from the previous editions.

[NBHC.CA/SWS](https://nbhc.ca/sws)

