

Youth and Alcohol Consumption

In New Brunswick **2021-2022**

What youth in grades 7-12 told us in the latest New Brunswick Student Wellness Survey

Close to **50%**



of students in grades 7 to 12 have tried alcohol.



Students typically first try alcohol at

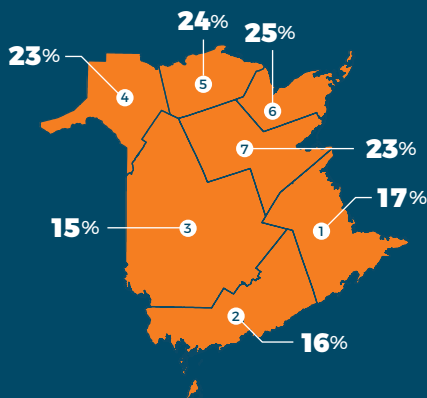
14 YEARS OLD

The percentage of students in grades 7-12 **CONSUMING ALCOHOL ONCE A MONTH OR MORE** has **DECREASED OVER TIME.**

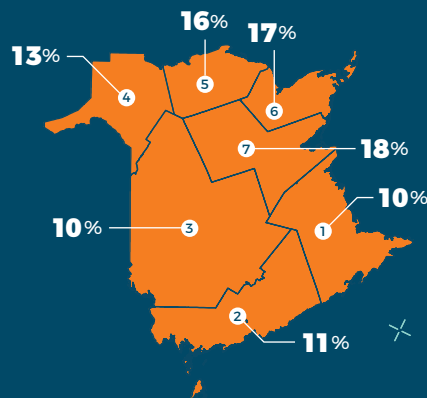


Alcohol consumption is more common among students who live in the northern parts of the province

Students who had **A DRINK OF ALCOHOL** once a month or more per zone.



Students who had **5 OR MORE DRINKS AT ONE TIME** once a month or more per zone.



IF YOU NEED HELP:

nb.211.ca | kidshelpphone.ca | nb.bridgethegapp.ca



New Brunswick Health Council

Conseil de la santé du Nouveau-Brunswick