

# Youth who Identify as Non-Binary\*

## In New Brunswick



In the 2021-2022 Student Wellness Survey, youth in grades 6-12 who identify as non-binary, Two-Spirit, and all other gender non-conforming identities reported:

### WHAT DO WE MEAN BY NON-BINARY?

Gender is the way a person defines their own identity. Gender can be masculine or feminine, neither, both or any other identity on the gender spectrum.

At the NBHC, we use the term “non-binary” as an umbrella term to refer to any student who self-reported their gender as either non-binary, Two Spirit, or who chose to specify another gender.

The NBHC acknowledges that not all individuals who were included in the non-binary category classification in its data use this term to describe their own gender identity.

### % of students who perceive their **MENTAL HEALTH** as very good or excellent



51% BOYS

29% GIRLS

7% NON-BINARY

### % of students who perceive their **PHYSICAL HEALTH** as very good or excellent

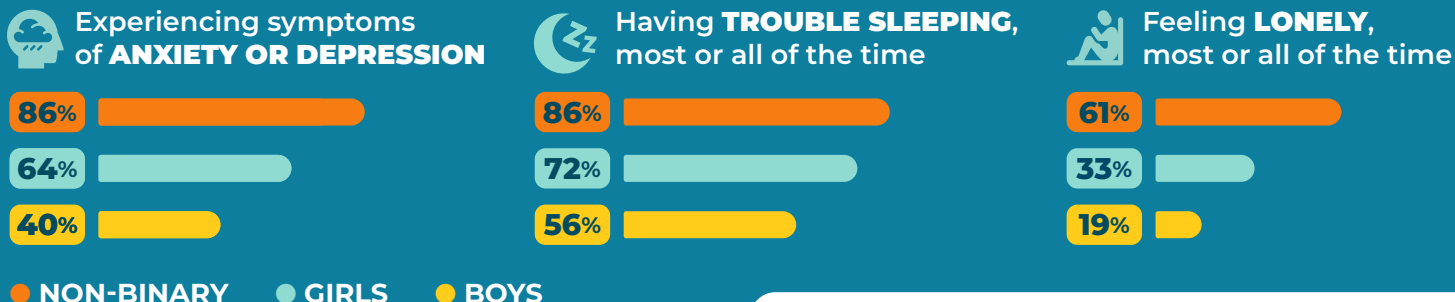


61% BOYS

52% GIRLS

24% NON-BINARY

### A greater percentage of non-binary students reported:



FOR MORE INFORMATION: [nb.211.ca](http://nb.211.ca) | [kidshelpphone.ca](http://kidshelpphone.ca)  
[nb.bridgethegapp.ca](http://nb.bridgethegapp.ca) | [gendercreativekids.com](http://gendercreativekids.com)



New Brunswick Health Council

Conseil de la santé du Nouveau-Brunswick