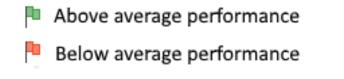
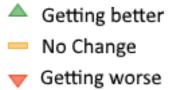


2021 Population Health Snapshot



potentially avoidable mortality



Population Health Outcomes

Population Health Outcomes New Brunswick						
Indicator	Unit	NB Value		Canada Value	Year	Source
Life expectancy	Years	80.7	-	82.1	2017-2019	Statistics Canada. Table 13-10-0114-01 Life expectancy and other elements of the complete life table
Life satisfaction, satisfied or very satisfied	%	91.3		93.2	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates
Low birth weight rate (<2,500 Grams, excluding <500 grams)	%	6.2		6.5	2018-2019	Canadian Institute for Health Information, Quick Stats
Mortality from preventable causes	Rate per 100,000 population	142.5		128.4	2015-2017	Statistics Canada. Table 13-10-0753-01 Premature and potentially avoidable mortality
Mortality from treatable causes	Rate per 100,000 population	72.0		66.7	2015-2017	Statistics Canada. Table 13-10-0753-01 Premature and potentially avoidable mortality
Perceived health, very good or excellent	%	54.6		62.5	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates
Perceived mental health, very good or excellent	%	60.1		65.0	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates
Premature mortality	Rate per 100,000 population	317.0		277.3	2015-2017	Statistics Canada. Table 13-10-0753-01 Premature and

Health Services

account for 10% of health determinants

Indicator	Unit	NB Value		Canada Value	Year	Source
Age-standardized acute care hospitalization rate for ambulatory care sensitive conditions	Rate per 100,000 population 75 and under	371.0		316.0	2019-2020	Canadian Institute for Health Information, Your Health System: In Depth
Has a regular healthcare provider	%	90.6	P	85.8	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates
High Users of Inpatient Acute Care Services	%	4.9		4.7	2019-2020	Canadian Institute for Health Information, Your Health System: In Depth
Influenza immunization in the past 12 months, adults 65 and over	%	62.7		64.7	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates

Health Behaviours

account for 40% of health determinants

Indicator	Unit	NB Value		Canada Value	Year	Source
Current smoker, daily or occasional	%	13.2		12.9	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates
Fruit and vegetable consumption, 5 times or more per day	%	20.9		25.4	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates
Heavy drinking	%	18.7		16.6	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates
Perceived life stress, most days quite a bit or extremely stressful	%	18.1		20.4	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates
Physical activity, 150 minutes per week, adult (18 years and over)	%	47.8		53.8	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates

Social and Economic Factors

account for 40% of health determinants

Indicator	Unit	NB Value	Canada Value	Year	Source
Charged for driving under the influence of drugs or alcohol	Rate per 100,000 population	335.0	204.1	2020	Statistics Canada. Table 35-10-0177-01 Incident-based crime statistics, by detailed violations
Divorced	%	5.6	6.2	2016	Statistics Canada. Census of Population
Household food insecurity, moderate or severe hunger	%	8.9	8.7	2017 to 2018	Statistics Canada. Table 13-10-0385-01 Household food security by living arrangement
Low income households	%	17.1	14.2	2016	Statistics Canada. Census of Population
No high school diploma (25-64 years)	%	13.7	11.4	2016	Statistics Canada. Census of Population
Property crime violations	Rate per 100,000 population	3,251.8	3,070.6	2020	Statistics Canada. Table 35-10-0177-01 Incident-based crime statistics, by detailed violations
Sense of belonging to your community	%	73.1	70.2	2020	Statistics Canada. Table 13-10-0096-01 Health characteristics, annual estimates
Single parent family	%	16.2	16.4	2016	Statistics Canada. Census of Population
Unemployment rate, 15 years and over	%	9.8	9.5	2020	Statistics Canada. Table 14-10-0334-01 Unemployment rate, health regions (2017 boundaries) and peer groups
Violent Criminal Code violations	Rate per 100,000 population	1,633.7	1,254.2	2020	Statistics Canada. Table 35-10-0177-01 Incident-based crime statistics, by detailed violations

Physical Environment

account for 10% of health determinants

Indicator	Unit	NB Value		Canada Value	Year	Source
Homes tested with radon concentrations above 200Bq/m3	%	24.8	P		2009-2011	Health Canada, Cross-Canada Survey of Radon Concentrations in Homes
Indoor air quality rated as excellent, very good or good	%	90.0		91.0	2015	Statistics Canada. Table 38-10-0018-01 Indoor air quality
Occupied dwellings requiring major repairs	%	8.3		6.5	2016	Statistics Canada. Census of Population



Context for New Brunswick

Median Age*5

Total Population*5 751,170 44

Top 10 most frequent hospital admissions (per 10,000)



Rank	Admissions	NB	NB
_		Cases	Rate
1	Normal Newborn, Singleton Vaginal Delivery	2873	37.0
2	Chronic Obstructive Pulmonary Disease	2528	32.5
3	Unilateral Knee Replacement	1698	21.9
4	Heart Failure without Coronary Angiogram	1643	21.1
5	Viral/Unspecified Pneumonia	1620	20.9
6	Myocardial Infarction/Shock/Arrest without Coronary Angiogram	1576	20.3
7	Vaginal Birth with Anaesthetic and Non-Major Obstetric/Gynecologic Intervention	1522	19.6
8	Palliative Care	1517	19.5
9	Newborn/Neonate 2500+ grams, Other Minor Problem	1131	14.6
10	Arrhythmia without Coronary Angiogram	1117	14.4



Top 10 most common chronic health conditions²

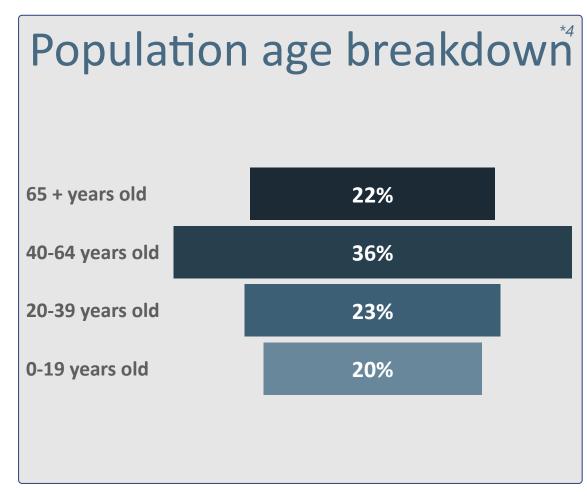


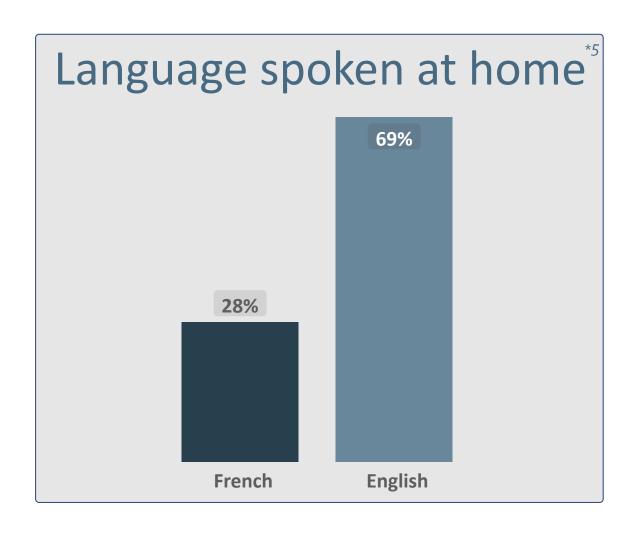
Rank	Condition	NB Prevalence
<u> </u>		(%)
1	High blood pressure or hypertension	29.8
2	High cholesterol	20.7
3	Anxiety	19.2
4	Arthritis	19.2
5	Chronic pain	17.6
6	Depression	17.3
7	Gastric reflux (GERD)	16.6
8	Diabetes	12.0
9	Asthma	11.8
10	Heart disease	9.6

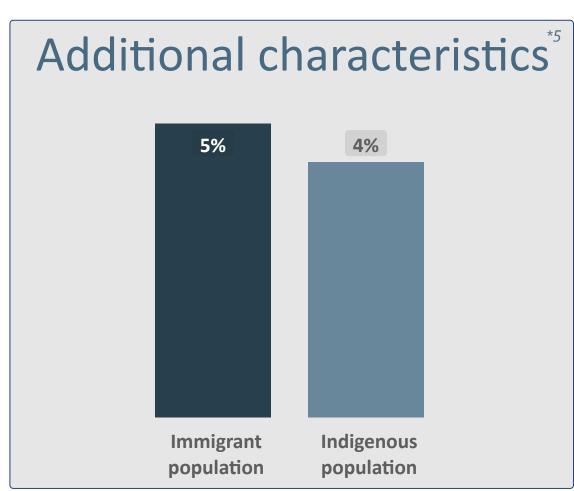
Top 5 causes of avoidable mortality*3

Rank •	Cause
1	Lung cancer
2	Heart disease
3	Chronic obstructive pulmonary disease
4	Suicide
5	Colorectal cancer

Demographic Information







Sources:

- *1- Canadian Institute for Health Information, Discharge Abstract Database (2019-2020)
- *2- New Brunswick Health Council, Primary Health Survey (2020)
- *3- Service New Brunswick, Vital Statistics (2012-2016)
- *4- Statistics Canada, Center for Demographics, customized data (2020)
- *5- Statistics Canada, Census, semi-custom profile (2016)