Are we achieving tobacco-free living among New Brunswick children and youth?

It's a fact:

Smoking is a major risk factor for key conditions such as lung cancer, heart disease and COPD. New Brunswick youth rank the worst in the country.

New Brunswick ranks
10/10
among provinces for

youth smoking

Indicators moving in the right direction

Several indicators on exposure to second-hand smoke are trending in the right direction:



The percentage of youth in contact with second-hand smoke at home has decreased

2009-2010: 23% 2012-2013: 19%



The percentage of youth in contact with second-hand smoke in a vehicle has decreased

2009-2010: 32% 2012-2013: 27%



The percentage of children who live with people who smoke or use tobacco has decreased

2010-2011: 38% 2013-2014: 35%

Indicators moving in the wrong direction



The percentage of youth who have never tried smoking by grade 12 has decreased

2009-2010: 60% 2012-2013: 53%

Current student smoking

| New Brunswick | 7% |
|---------------|-----|
| Boys | 9% |
| Girls | 5% |
| Immigrants | 9% |
| Aboriginals | 13% |

Risk of future smoking

| New Brunswick | 24% |
|---------------|-----|
| Boys | 26% |
| Girls | 22% |
| Immigrants | 24% |
| Aboriginals | 31% |

For most indicators, the distinction between child and youth is: Child: Kindergarten to Grade 5 Youth: Grade 6 to Grade 12
The source for each indicator can be looked up in the NBHC's Children and Youth Rights and Well-being Snapshot 2014 or in the New Brunswick Student Wellness Survey at www.nbhc.ca