

The New Brunswick **STUDENT WELLNESS SURVEY**



What is it?

Evaluates the wellness of students directly from their perspective or from that of their parents.

Conducted on an annual basis in all NB public schools K to 12.

→ Over 50,000 students in grades 4 to 12 participate every year.

→ Over 22,000 parents of students K to 5 participate every year.

Aim is to understand and report on several aspects of students' wellness.

→ Student demographics, social and emotional development, physical health, substance use and school and community.

Why do we survey our students?

To help teachers, schools, districts, and provincial decision-makers better understand the needs and strengths of students in your school and community.

What type of info can you find out from the Survey?



% of students who consume *alcohol or cannabis*



% of students who reported experiencing symptoms of *anxiety or depression*



% of students that *feel safe* in their school



% of students who ate *breakfast* every day

Check out our website for more information on the survey and to consult the results from the latest edition.