

Substance Use Among Youth

Over **11,000** New Brunswick youth report using one or more substances.

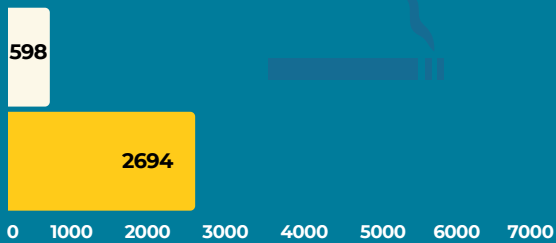


Results from the **2024-2025** edition of the NB Student Wellness and Education Survey

Smoking

Daily or occasionally

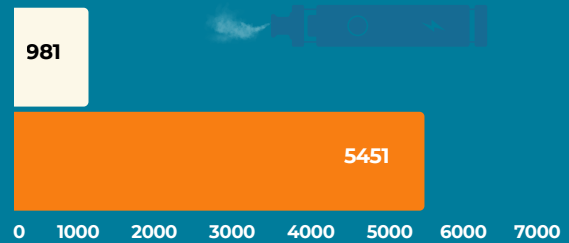
- Grades 6-8
- Grades 9-12



Vaping

Daily or occasionally

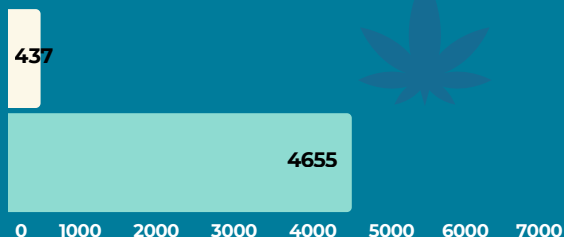
- Grades 6-8
- Grades 9-12



Cannabis

At least once in the last year

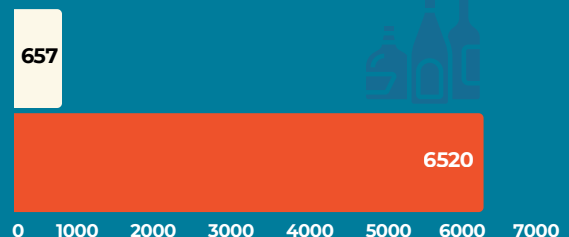
- Grades 7-8
- Grades 9-12



Alcohol

At least once a month in the last year

- Grades 7-8
- Grades 9-12



IF YOU NEED HELP

Kids Help Phone (Text TALK to 686868 or call 1-800-668-6868); NB Addition and Mental Health Helpline: 1-866-355-5550; nb.211.ca



New Brunswick
Health Council

Conseil de la santé
du Nouveau-Brunswick

nbhc.ca