

# Substance Use Among Youth

Over **11,000** New Brunswick youth report using one or more substances.



Results from the **2024-2025** edition of the NB Student Wellness and Education Survey



Over **3,000** youth reported smoking cigarettes daily or occasionally

\* Grades 6 to 12



Over **6,000** youth reported vaping daily or occasionally

\* Grades 6 to 12



Over **5,000** youth reported having used cannabis at least once in the last year

\* Grades 7 to 12



Over **7,000** youth reported having had a drink of alcohol at least once a month in the last year

\* Grades 7 to 12

## IF YOU NEED HELP

Kids Help Phone (Text TALK to 686868 or call 1-800-668-6868); NB Addition and Mental Health Helpline: 1-866-355-5550; nb.211.ca



New Brunswick  
Health Council

Conseil de la santé  
du Nouveau-Brunswick

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