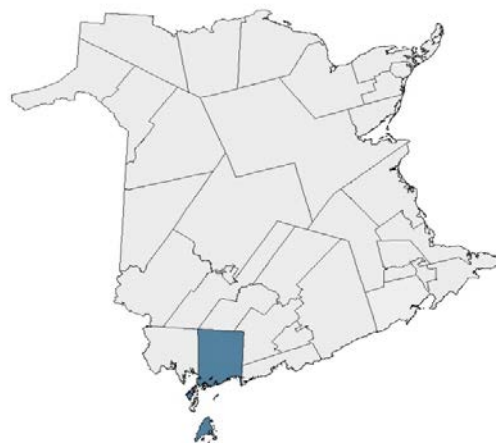


# St. George Area

These survey results are based on citizens across New Brunswick who have recently received home care services (Extra-Mural Program or home support services or both). Services from the Extra-Mural Program are provided by health professionals such as a nurse, physiotherapist or social worker. Home support services are provided by home support workers to help with tasks such as housekeeping or meal preparation.

Under the Extra-Mural Program, home care services are funded by the Department of Health and delivered by New Brunswick's two regional health authorities, Horizon Health Network and Vitalité Health Network. This survey also covers home support services funded entirely or partially by the Department of Social Development under the Long Term Care Program and the Disability Support Program.

All survey results are weighted by age and gender to better represent the population receiving home care services.



	St. George 2015 (%)	New Brunswick 2015 (%)
<b>UNMET NEEDS</b>		
	<i>n=159</i>	<i>n=6,641</i>
<b>Is there anything else that could have been done to help you stay at home? (yes)</b>	8.1	14.5
In this community, 8.1% of citizens receiving home care services (Extra-Mural Program or home support services or both) reported in 2015 that more could have been done to help them stay at home, compared to 10.6% in 2012. For this type of indicator, a "better" result is achieved when the indicator has a "lower" value.		
<b>What else could have been done or provided to help you stay at home? (top 3)</b>		
More hours of service such as weeknights and weekends	-	28.8
More home support services such as yard work or food delivery	-	16.3
More equipment such as wheelchairs and shower handles	-	12.5
<b>FAMILY CAREGIVERS</b>		
	<i>n=159</i>	<i>n=6,641</i>
<b>Does a friend, family member or volunteer help you with your home care? (yes)</b>	61.0	61.5
Who helps the most?		
Son or daughter	40.9	33.9
Spouse or partner	40.4	41.3
Friend or volunteer	7.9	6.7
Mother or father	6.5	6.5
Other family member	2.1	9.3
How often do they help?		
Every day	62.9	59.0
A few times a week	19.2	22.0
Once a week or less	17.9	17.9

**Included in this community:**

Back Bay, Beaver Harbour, Blacks Harbour, Canal, Clarendon, Fairhaven, Grand Manan, Leonardville, Lepreau, L'Etête, Pennfield, Pocologan, Second Falls, St. George, Utopia, Welshpool, West Isles, Wilsons Beach

## St. George Area

	St. George 2015 (%)	New Brunswick 2015 (%)
<b>PROFILE OF CITIZENS RECEIVING HOME CARE SERVICES</b>		
	<i>n=159</i>	<i>n=6,641</i>
<b>Age group</b>		
Under 18	6.0	5.2
18-64	28.2	29.1
65-74	19.4	20.0
75-84	24.9	24.7
85 and over	21.6	21.0
<b>Gender</b>		
Male	42.0	41.0
Female	58.0	59.0
<b>Education level</b>		
No high school diploma	47.8	53.2
High school or higher	52.2	46.8
<b>Household income</b>		
Less than \$25,000	54.1	63.2
\$25,000 or more	45.9	36.8
<b>Language of choice for services</b>		
English	98.8	77.7
French	1.2	21.4
<b>Aboriginal</b>		
Yes	0.6	2.2
<b>Self-rated overall health</b>		
Excellent/Very good	13.3	13.0
Good	24.9	28.4
Fair	40.4	40.1
Poor	21.5	18.5
<b>Self-rated mental or emotional health</b>		
Excellent/Very good	33.4	30.5
Good	37.0	37.2
Fair	23.4	25.7
Poor	6.2	6.5
<b>Chronic health conditions</b>		
Hypertension	58.7	54.0
Arthritis	48.7	45.8
Heart disease	36.7	31.4
Chronic pain	30.1	30.4
Gastric reflux (or GERD)	29.8	24.5
Diabetes	29.4	29.9
Cancer	26.8	24.1
Depression	18.5	22.3
Asthma	17.2	15.4
Emphysema or COPD	16.4	18.7
Stroke	14.5	12.7
Dementia	7.8	6.5
Mood disorder other than depression	3.0	4.2
Alzheimer's	2.4	2.9

## St. George Area

	St. George 2015 (%)	New Brunswick 2015 (%)
<b>USE OF SERVICES (Extra-Mural Program)</b>		
	<i>n=140</i>	<i>n=4,757</i>
<b>Service received in the last two months</b>		
Nurse	68.3	73.3
Physiotherapist	24.0	17.7
Dietitian	23.3	18.1
Respiratory therapist	22.5	20.7
Social worker	15.0	15.8
Occupational therapist	14.1	16.1
Speech language pathologist	0.8	3.3
Rehabilitation assistant	0.8	2.1
<b>How long have you been getting services?</b>		
More than 1 year	62.5	49.2
<b>How often do you receive services?</b>		
Every day	2.5	4.6
A few times a week	14.5	19.9
Once a week or less	83.0	75.5

	St. George 2015 (%)	New Brunswick 2015 (%)
<b>USE OF SERVICES (Home Support Services)</b>		
	<i>n=45</i>	<i>n=2,796</i>
<b>Service received in the last two months</b>		
Housekeeping (cleaning, laundry)	95.2	93.4
Meal preparation	65.3	75.7
Bathing	33.6	45.1
Grooming or dressing	31.2	44.6
Transferring (from place to place, inside the home)	14.1	22.4
Feeding or nutrition care	12.9	23.0
Respite/Relief to family, friends or volunteers	9.0	22.7
<b>How long have you been getting services from this home support worker?</b>		
More than 1 year	80.8	72.6
<b>How often do you receive services?</b>		
Every day	57.4	51.2
A few times a week	33.6	38.1
Once a week or less	9.0	10.7

	St. George 2012 (%)	St. George 2015 (%)	New Brunswick 2015 (%)
<b>QUALITY OF SERVICES (Extra-Mural Program)</b>			
	<i>n=110</i>	<i>n=140</i>	<i>n=4,757</i>
<b>Accessibility</b>			
Did home care services start as soon as you thought you needed it? (yes)	94.2	96.8	94.3
Always got help when contacting the office (yes)	98.2	96.8	97.3
How often service was received in language of choice (always)	English	English	English
	100.0	96.6	96.8
	French	French	French
	-	-	92.3

Symbols indicate a statistically significant difference calculated at a 95% level of confidence:

▲ ▼ = Favourable change from 2012 to 2015  
 ▲ ▼ = Unfavourable change from 2012 to 2015

■ = Favourable result compared to NB  
 □ = Unfavourable result compared to NB

## St. George Area

	St. George 2012 (%)	St. George 2015 (%)	New Brunswick 2015 (%)
<b>QUALITY OF SERVICES (Extra-Mural Program)</b>	<i>n=110</i>	<i>n=140</i>	<i>n=4,757</i>
<b>Appropriateness</b>			
How often providers seemed informed about all care/treatment received at home (always)	86.6	74.3	73.3
How often clients received conflicting information from different providers (never)	95.7	94.9 ■	86.4
Staff gave information needed for clients to take care of themselves (strongly agree)	53.5	50.3	48.3
Family caregivers were given information they wanted when they needed it (strongly agree)	45.9	46.2	42.3
<b>Effectiveness</b>			
Citizens with a chronic health condition <sup>1</sup> who are confident in controlling and managing their health condition (very confident)	22.3	16.9	22.4
<b>Safety</b>			
Staff talked with clients about how to set up their home to move around safely (yes)	66.9	77.6	80.4
Staff talked with clients about all the medicines they were taking (yes)	62.6	▲ 85.2	83.4
Do you believe you were harmed because of an error or mistake? (yes)	-	-	1.3
<b>Efficiency</b>			
Admitted to hospital or visited hospital emergency room while receiving services (yes)	45.9	44.3	46.4
Continuity of care across hospital services, home care services and primary health <sup>2</sup>	73.0	62.9	67.1
<b>Communication</b>			
How often providers explained things in a way that was easy to understand (always)	91.8	86.6	86.0
How often providers treated clients with courtesy and respect (always)	97.3	92.7	93.6
<b>Satisfaction</b>			
Satisfaction with home care services received (8, 9 or 10 on a scale of zero to ten)	98.4	97.2	95.1
Would recommend Extra-Mural Program to family or friends (definitely yes)	94.7	▼ 84.7	88.5
Satisfaction with number of times care was received (very satisfied)	63.3	▲ 79.5	75.8
<b>Reported difficulties in receiving care</b>			
Limits or reductions in...			
Types of service/care available (yes)	9.2	12.0	8.2
Duration of service or hours available (yes)	6.0	10.7	6.6

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<sup>1</sup> Self-reported by respondent: Alzheimer's disease, arthritis, asthma, cancer, chronic pain, dementia, depression, diabetes, emphysema or COPD, gastric reflux (GERD), heart disease, hypertension, stroke, mood disorder other than depression

<sup>2</sup> Staff at the hospital or rehabilitation centre explained what type of home care services would be received, AND home care providers seemed informed about all services received at home, AND primary health provider seemed informed about home care services

## St. George Area

	St. George 2012 (%) <i>n</i> =48	St. George 2015 (%) <i>n</i> =45	New Brunswick 2015 (%) <i>n</i> =2,796
<b>QUALITY OF SERVICES (Home Support Services)</b>			
<b>Accessibility</b>			
Ease or difficulty getting information about home care services before starting ( <i>very easy</i> )	34.2	49.2 ■	29.4
Did home care services start as soon as you thought you needed it? ( <i>yes</i> )	81.5	84.2	79.4
Ease or difficulty contacting agency office or home support worker for help ( <i>very easy</i> )	77.4	71.2	63.7
How often service was received in language of choice ( <i>always</i> )	English	English	English
	98.2	100.0	96.1
	French	French	French
	-	-	91.6
<b>Appropriateness</b>			
How often home support workers seemed informed about all care received at home ( <i>always</i> )	62.2	62.6	55.9
How often clients received conflicting information from different providers ( <i>never</i> )	79.5	87.1	74.2
Family caregivers were given information they wanted when they needed it ( <i>strongly agree</i> )	29.6	39.3	28.7
<b>Safety</b>			
Do you believe you were harmed because of an error or mistake? ( <i>yes</i> )	-	-	2.5
<b>Communication</b>			
How often home support workers explained things in a way that was easy to understand ( <i>always</i> )	87.6	79.0	77.8
How often home support workers treated clients with courtesy and respect ( <i>always</i> )	89.4	90.1	86.4
<b>Satisfaction</b>			
Satisfaction with home care services received (8, 9 or 10 on a scale of zero to ten)	94.1	92.9	88.7
Would recommend agency or home support worker to family or friends ( <i>definitely yes</i> )	81.7	74.3	73.6
Satisfaction with number of times care was received ( <i>very satisfied</i> )	71.8	82.8 ■	65.8
<b>Reported difficulties in receiving care</b>			
Have you ever found the cost for home care services too high? ( <i>yes</i> )	13.8	20.9	21.7
Limits or reductions in...			
Types of service/care available ( <i>yes</i> )	4.2	12.4	23.0
Duration of service or hours available ( <i>yes</i> )	12.9	17.4	30.4

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