

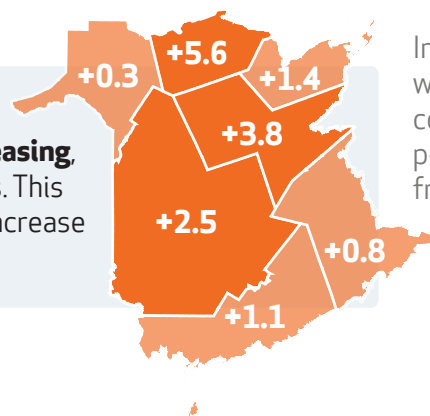
# Chronic conditions and health service quality: Are we meeting the need?

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To help deal with the challenge of the rise in chronic conditions in New Brunswick, the NBHC identified two priority areas for the health system. How is the health system doing in these areas?

## PRIORITY AREA 1 PREVENTION of new chronic conditions

In New Brunswick, the number of chronic conditions **keep increasing**, even among younger age groups. This shows **further opportunity** to increase effectiveness of prevention.



Increase in people with 3 or more conditions, in percentage points, from 2011 to 2014

## PRIORITY AREA 2 MANAGEMENT of existing conditions



In New Brunswick, patients with 3 or more chronic conditions experience:

Elements that support optimal quality of care when treating those with three or more conditions



### Timely access



### Integrated and coordinated care



### Supported self-management



### Appropriate intensity and follow-up



### Communication and support for patients

- access to primary care providers that isn't always managed according to need
- coordination of care that isn't always based on need
- less decision involvement and knowledge of medications as chronic conditions increase
- screening and follow-up that isn't always managed according to need
- more mental health support, but there is still unmet need

## ▶▶ NEXT STEPS

1

Implement interventions that impact early in life, target high risk populations and invest in cost-effective prevention

2

Design primary health services based on the elements of optimal quality of care and on the needs of the population served

3

Measure progress on chronic conditions and support citizens in receiving the right service in the right setting



New Brunswick Health Council | Conseil de la santé du Nouveau-Brunswick

For more, consult our report "Chronic conditions and health service quality: Are we meeting the need?" at [www.nbhc.ca](http://www.nbhc.ca)