

THE COST OF CHRONIC HEALTH CONDITIONS TO NEW BRUNSWICK

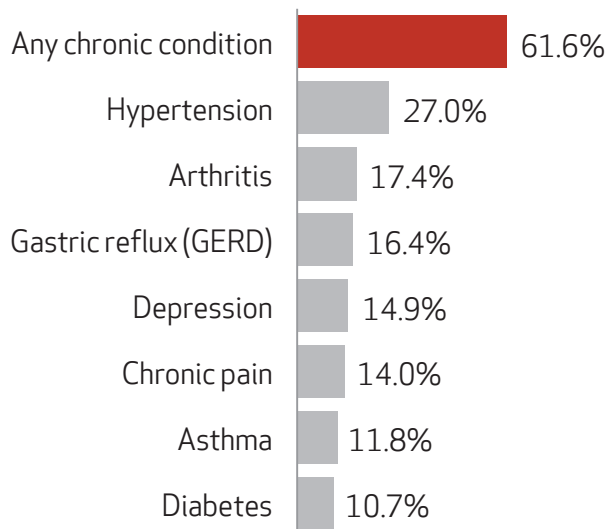
What are they?

Chronic health conditions are prolonged conditions (typically 12 months or more) that generally cannot be prevented by vaccines or cured completely, and result in some limitations.

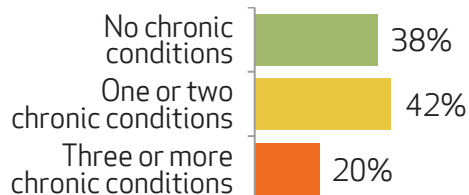
ARE THEY COMMON?

62% of New Brunswickers have one, and 20% have three or more.

Percentage of New Brunswickers with...



By number of conditions

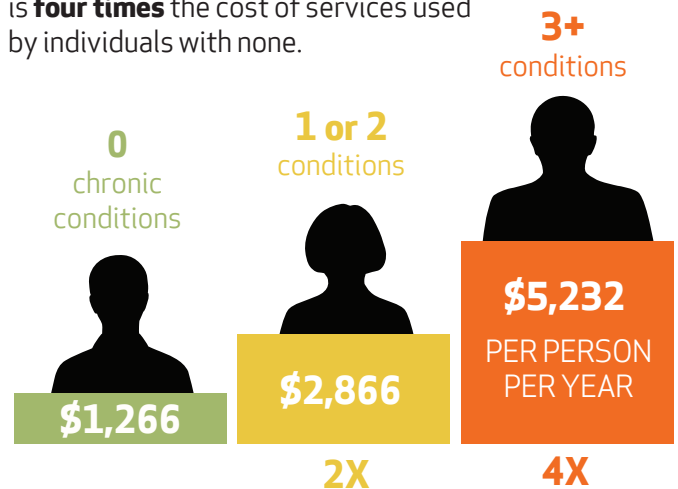


WHAT IS THEIR IMPACT?

Management of chronic health conditions can take several hours per day and may limit day-to-day activities.

HOW MUCH DO THEY COST?

According to an analysis by the NBHC, the annual average cost of health services used by New Brunswickers with three or more conditions is **four times** the cost of services used by individuals with none.



WHAT MAY THE FUTURE HOLD?

Trends indicate the percentage of New Brunswickers with three or more chronic conditions could increase from 20% to 25% within seven years. This would increase associated health costs by \$100 million.



TOWARD A DIFFERENT FUTURE

- We can work toward a different future by:
- Reducing the incidence of new conditions in New Brunswick, by improving illness prevention and health promotion
 - Managing existing conditions, by aligning health services to needs with an emphasis on comprehensive primary health services