

Sackville, Dorchester, Port Elgin Area

Aulac, Bayfield, Botsford, Cape Spear, Cape Tormentine, Dorchester, Little Shemogue, Melrose, Midgic, Murray Corner, Point de Bute, Port Elgin, Sackville, Timber River, Upper Cape, Westmorland



n = 248

n = 13,614

Demographic Profile ¹		2014 (%)	NB (%)
Age Group	18-34	23.1	24.3
	35-54	35.2	36.7
	55-64	19.6	18.7
	65+	22.1	20.3
Gender	Male	52.1	48.0
	Female	47.9	52.0
Education Level	High school or less	33.5	38.7
	College/Technical diploma	29.5	31.4
	University degree	37.1	29.9
Aboriginal	Yes	0.4	3.0
Preferred Language of Service	English	98.8	74.6
	French	1.2	25.4
Household Income	Less than \$25,000	17.0	19.9
	\$25,000 - \$59,999	32.3	35.5
	\$60,000 or more	50.7	44.6
Employment Status	Employed	55.9	54.6
	Unemployed/Seasonal	4.1	7.3
	Retired	25.4	24.7
	Other	14.6	13.5

Population (18 and over) based on 2011 Census: 9,225

Confidence interval calculated at a 95% level of confidence.

Sample size shown represents total number of respondents.
Exact number of respondents varies per survey indicator.

n=231

n = 248

n = 13,614

Health Services Barriers	2011 (%)	2014 (%)	NB (%)
Health services not available in your area when needed	21.9 (16.6 – 27.2)	24.3 (19.0 – 29.6)	17.4 (16.7 – 18.0)
Transportation problems	9.8 ^E (6.0 – 13.6)	9.0 ^E (5.5 – 12.5)	7.1 (6.6 – 7.5)
Language problems with health care provider	F	3.6 ^F (1.3 – 5.8)	4.2 (3.9 – 4.6)
Cost for medication too high	40.1 (33.8 – 46.4)	25.5 (20.1 – 30.9)	35.2 (34.3 – 36.0)
Cost for treatments or procedures too high	16.4 (11.4 – 21.4)	12.4 ^E (8.2 – 16.6)	19.9 (19.2 – 20.6)
Cost for ambulance services too high	33.8 (26.7 – 40.9)	14.5 ^E (9.6 – 19.4)	21.7 (20.9 – 22.4)
Unable to leave the house because of health problems	17.0 (12.2 – 21.8)	13.3 (9.1 – 17.4)	12.5 (11.9 – 13.0)
Have trouble finding their way around the health care system	11.3 ^E (7.3 – 15.4)	11.5 ^E (7.6 – 15.5)	9.3 (8.8 – 9.8)
Difficulty understanding written information about medical condition or prescription (% always or usually)	16.5 (11.7 – 21.3)	6.1 ^E (3.1 – 9.1)	9.4 (8.9 – 9.9)
How often was a medical condition or prescription explained to you in a way that you could understand? (% always or usually)	91.6 (88.0 – 95.2)	91.0 (87.4 – 94.6)	91.0 (90.6 – 91.5)
Things that contribute a lot to feelings of stress			
Health of family members	Not Available	42.4 (36.3 – 48.5)	38.1 (37.3 – 38.9)
Time pressures / not enough time	Not Available	39.0 (33.0 – 45.0)	40.9 (40.1 – 41.7)
Your financial situation (ex: not enough money, or debt)	Not Available	36.6 (30.6 – 42.5)	33.5 (32.7 – 34.2)

¹Based on survey respondents, weighted by age and gender

^E Use with caution (coefficient of variation between 16.6% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

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↑ = Higher than 2011 results
 ↓ = Lower than 2011 results

	n = 231	n = 248	n = 13,614
Health Profile	2011 (%)	2014 (%)	NB (%)
Self-rated Health (% very good or excellent)	55.2 (48.8 – 61.6)	51.1 (45.0 – 57.3)	50.5 (49.6 – 51.3)
Self-rated mental or emotional health (% very good or excellent)	Not Available	66.8 (61.0 – 72.6)	65.4 (64.6 – 66.2)
“My health largely depends on how well I take care of myself” (% strongly agree)	55.5 (49.1 – 61.9)	54.5 (48.4 – 60.6)	55.2 (54.4 – 56.0)
Number of prescription medications taken on a regular basis ³ (% 6 or more)	10.7 ^E (6.0 – 15.4)	18.8 (13.1 – 24.5)	15.2 (14.5 – 15.9)
Discuss regularly with a health professional on improving health or preventing illness (% always or usually)	36.7 (30.1 – 43.3)	28.7 (23.1 – 34.4)	25.4 (24.7 – 26.1)
How long have you been seeing the same family doctor? (% 5 years or more)	70.5 (64.5 – 76.5)	81.0 (76.0 – 86.0)	73.0 (72.2 – 73.7)
Are you limited in doing activities because of a physical or mental condition, or a health problem? (% yes)	Not Available	28.0 (22.5 – 33.5)	22.1 (21.4 – 22.8)
Memory Loss			
Someone in household has a memory problem	Not Available	12.3 ^E (8.3 – 16.4)	9.9 (9.4 – 10.4)
...that interferes with day to day function	Not Available	5.8 ^E (2.9 – 8.6)	3.9 (3.6 – 4.2)
Health Behaviours			
Eating fruits and vegetables (% 5 portions or more a day)	Not Available	54.6 (48.5 – 60.8)	50.4 (49.5 – 51.2)
Moderate or vigorous physical activity (% at least 2 ½ hours a week)	Not Available	50.0 (43.9 – 56.2)	49.0 (48.1 – 49.8)
Current smoker (% daily or occasional)	Not Available	20.3 (15.4 – 25.2)	19.2 (18.5 – 19.8)
Unhealthy weight (% obese)	Not Available	29.5 (23.7 – 35.3)	30.8 (30.0 – 31.6)

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Chronic Health Conditions ¹	2011 (%)	2014 (%)	2014 ² (#)	NB (%)
One or more chronic health conditions ³	57.6 (51.1 – 64.1)	64.0 (58.1 – 69.9)	5,905	61.6 (60.8 – 62.4)
High blood pressure	24.9 (19.4 – 30.4)	22.7 (17.6 – 27.9)	2,097	27.0 (26.2 – 27.7)
Arthritis	20.8 (15.6 – 25.9)	22.0 (16.9 – 27.1)	2,028	17.4 (16.8 – 18.0)
Gastric Reflux (GERD)	13.4 ^E (9.1 – 17.8)	17.5 (12.9 – 22.2)	1,618	16.4 (15.8 – 17.0)
Depression	12.4 ^E (8.2 – 16.6)	16.6 (12.0 – 21.2)	1,534	14.9 (14.3 – 15.5)
Asthma	12.5 ^E (8.3 – 16.8)	16.3 (11.7 – 20.8)	1,502	11.8 (11.3 – 12.4)
Chronic pain	15.8 (11.2 – 20.5)	12.6 ^E (8.5 – 16.6)	1,159	14.0 (13.5 – 14.6)
Diabetes	8.0 ^E (4.6 – 11.5)	9.7 ^E (6.1 – 13.4)	897	10.7 (10.1 – 11.2)
Heart disease	9.0 ^E (5.3 – 12.7)	8.3 ^E (4.9 – 11.7)	768	8.3 (7.9 – 8.8)
Cancer	9.1 ^E (5.4 – 12.7)	7.6 ^E (4.3 – 10.8)	697	8.3 (7.8 – 8.7)
Mood disorder other than depression	F	4.2 ^E (1.7 – 6.6)	383	3.0 (2.7 – 3.2)
Emphysema or COPD	F	F	228	3.0 (2.7 – 3.3)
Stroke	F	F	139	90.7 (33.3 – 38.3)

Confidence interval calculated at a 95% level of confidence.

Symbols ↑ and ↓ indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

¹ Self-reported based on survey respondents

² Estimated number of citizens who have the selected chronic health condition

³ Among the twelve chronic health conditions listed in table located at the right of this page.

^E Use with caution (coefficient of variation between 16.6% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

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B = Better than 2011 results
W = Worse than 2011 results

n=231 n=248 1 to 33 n=13,614

Primary Health Indicator		2011	2014	Rank ²	NB		
Accessibility							
The ability of patients/clients to obtain care/service at the right place and the right time, based on respective needs, in the official language of their choice							
Personal Family Doctor	A-1	Has a personal family doctor (% yes)	95.3 (92.6 - 98.0)	90.9 (87.4 - 94.4)	24	92.1 (91.7 - 92.5)	
	A-2	Calling family doctor's office during regular practice hours (% very easy or somewhat easy)	79.5 (74.1 - 84.9)	83.6 (78.8 - 88.4)	9	78.3 (77.6 - 79.0)	
	A-3	Family doctor has extended office hours (after 5pm or on weekends) (% yes)	Not available	15.8 (11.1 - 20.5)	13	16.2 (15.6 - 16.8)	
	A-4	Family doctor has an after-hour arrangement when office is closed (% yes)	19.7 (14.4 - 25.0)	13.6 ^E (9.2 - 18.0)	20	18.2 (17.5 - 18.9)	
	A-5	How quickly appointment can be made with family doctor	(% on same day or next day)	13.6 ^E (9.0 - 18.2)	21.6 (16.1 - 27.1)	28	30.1 (29.3 - 30.9)
			(% within 5 days)	44.0 (37.2 - 50.9)	55.9 (49.3 - 62.5)	25	60.3 (59.4 - 61.2)
	A-6	Nurse working with family doctor who is regularly involved in health care (% yes)	18.4 (13.3 - 23.5)	17.0 (12.2 - 21.8)	29	27.5 (26.7 - 28.3)	
	A-7	Has access to a primary health team ³ (% yes)	25.4 (19.8 - 31.0)	20.5 (15.5 - 25.5)	29	28.5 (27.8 - 29.2)	
	A-8	Wait time at the hospital emergency department (% less than 4 hours)	75.4 (67.8 - 83.0)	76.7 (69.1 - 84.3)	13	73.9 (72.7 - 75.1)	
A-9	How often citizens received the health care service they needed in the official language of their choice (% who always received service in language of preference)	English ⁴	95.9 (93.2 - 98.6)	98.3 (96.7 - 99.9)	-	95.2 (94.8 - 95.6)	
		French ⁴	F	F	-	72.6 (71.0 - 74.2)	

² Indicator rank across 33 communities, from best (1) to worst (33)

³ Primary health team: Has access to a family doctor and has access to either a nurse practitioner or a nurse or other health professionals at their family doctor's office

⁴ Preferred language of service as indicated by respondent in the survey

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n=231 n=248 1 to 33 n=13,614

Primary Health Indicator		2011	2014	Rank ²	NB
Appropriateness					
Care/service provided is relevant to the patients'/clients' needs and based on established standards					
Q-1	Adults 65 and over who received their flu shot in the last year (% yes)	Not available	74.9 (65.8 - 84.0)	6	70.6 (69.2 - 72.0)
Q-2	Adults with one or more of four select chronic health conditions ⁵ who had measurements for blood pressure in the past 12 months (% yes)	95.9 (91.6 - 100.0)	98.1 (95.4 - 100.0)	2	91.3 (90.6 - 92.0)
Q-3	Adults with one or more of four select chronic health conditions ⁵ who had measurements for cholesterol in the past 12 months (% yes)	84.1 (76.1 - 92.1)	81.3 (73.4 - 89.2)	7	76.3 (75.2 - 77.4)
Q-4	Adults with one or more of four select chronic health conditions ⁵ who had measurements for blood sugar in the past 12 months (% yes)	68.5 (58.4 - 78.5)	81.0 (73.1 - 88.9)	3	73.9 (72.8 - 75.0)
Q-5	Adults with one or more of four select chronic health conditions ⁵ who had measurements for body weight in the past 12 months (% yes)	71.8 (62.0 - 81.5)	83.8 (76.4 - 91.2)	1	59.3 (58.0 - 60.6)
Q-6	How often family doctor helps citizens coordinate the care from other health care providers and places (% always)	74.5 (67.1 - 81.9)	72.0 (64.9 - 79.1)	13	70.7 (69.7 - 71.7)
Effectiveness					
Care/service, intervention or action achieves the desired results					
Q-7	Citizens with a chronic health condition ⁷ who are confident in controlling and managing their health condition (% very confident)	41.5 (33.6 - 49.3)	42.2 (35.0 - 49.4)	15	42.2 (41.2 - 43.2)
Safety					
Potential risks of an intervention or the environment are avoided or minimized					
Q-8	Citizens with a chronic health condition ⁷ who know what each of their prescribed medications do (% strongly agree)	52.8 (44.2 - 61.4)	47.4 (39.7 - 55.1)	17	47.7 (46.6 - 48.8)
Q-9	Was harmed due to a medical error or mistake as a result of health care services received in the last 12 months (excluding hospital stay) (% yes)	F	4.1 ^{E,6} (1.7 - 6.5)	-	2.7 ⁶ (2.4 - 3.0)

² Indicator rank across 33 communities, from best (1) to worst (33)

⁵ Self-reported by respondent: Diabetes, heart disease, stroke or high blood pressure

⁶ For this type of indicator, a "better" result is achieved when the indicator has a "lower" value

⁷ Self-reported by respondent: Arthritis, asthma, cancer, chronic pain, depression, diabetes, emphysema or COPD, gastric reflux (GERD), heart disease, high blood pressure or hypertension, mood disorder other than depression, or stroke

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n=231 n=248 1 to 33 n=13,614

Primary Health Indicator		2011	2014	Rank ²	NB
Efficiency					
Achieving the desired results with the most cost-effective use of resources					
Q-10	Model of care used most often when sick or in need of care from a health professional (% hospital emergency department)	19.8 ⁶ (14.6 - 25.0)	18.5 ⁶ (13.6 - 23.4)	23	11.5 ⁶ (11.0 - 12.0)
Q-11	Has used Tele-Care or other telephone information lines in the last 12 months (% yes)	10.9 ^E (6.9 - 14.9)	5.4 ^E (2.6 - 8.2)	25	7.4 (7.0 - 7.8)
Use of services					
Using primary health services in the last 12 months					
U-1	Visited a personal family doctor (% yes)	76.0 (70.5 - 81.5)	77.8 (72.7 - 82.9)	24	80.3 (79.6 - 81.0)
U-2	Visited a hospital emergency department (% yes)	57.8 (51.4 - 64.2)	49.9 (43.7 - 56.1)	8	41.3 (40.5 - 42.1)
U-3	Visited a specialist (% yes)	Not available	63.3 (57.4 - 69.2)	4	56.4 (55.6 - 57.2)
U-4	Visited an after-hours clinic or a walk-in clinic (% yes)	11.2 ^E (7.1 - 15.3)	10.8 ^E (7.0 - 14.6)	30	24.3 (23.6 - 25.0)
U-5	Visited an alternative practitioner (% yes)	Not available	22.6 (17.5 - 27.7)	21	25.2 (24.5 - 25.9)
U-6	Visited a community health centre (% yes)	9.2 ^E (5.5 - 12.9)	6.8 ^E (3.7 - 9.9)	19	6.9 (6.5 - 7.3)
U-7	Used ambulance services (% yes)	5.5 ^E (2.6 - 8.4)	6.5 ^E (3.5 - 9.5)	13	5.7 (5.3 - 6.1)
U-8	Visited a nurse practitioner (% yes)	7.3 ^E (3.9 - 10.7)	14.2 (9.9 - 18.5)	4	7.7 (7.3 - 8.1)
U-9	Visited a health professional at a private clinic (% yes)	Not available	31.1 (25.4 - 36.8)	3	23.7 (23.0 - 24.4)

² Indicator rank across 33 communities. Under “efficiency” the rank is from best (1) to worst (33). Under “use of services” the rank is from highest (1) to lowest (33).

⁶ For this type of indicator, a “better” result is achieved when the indicator has a “lower” value

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n=231 n=248 1 to 33 n=13,614

Primary Health Indicator		2011	2014	Rank ²	NB
Communication/Relationship with personal family doctor					
C-1	How often family doctor explains things in a way that is easy to understand (% always)	73.6 (66.8 - 80.4)	81.0 (75.7 - 86.3)	16	80.2 (79.5 - 80.9)
C-2	How often family doctor involves citizens in decisions about their health care (% always)	67.1 (60.2 - 74.0)	72.7 (66.6 - 78.8)	13	68.2 (67.3 - 69.1)
C-3	How often family doctor gives citizens enough time to discuss feelings, fears and concerns about their health (% always)	70.7 (64.0 - 77.4)	68.7 (62.2 - 75.2)	30	71.9 (71.0 - 72.8)
Satisfaction (Overall rating of primary health services. When rating is described as “% 8, 9 or 10”, this is based on a scale of zero to 10.)					
S-1	Overall health care services received in New Brunswick (% 8, 9 or 10)	61.8 (55.5 - 68.1)	61.1 (55.1 - 67.1)	30	67.9 (67.1 - 68.7)
S-2	Services from personal family doctor (% 8, 9 or 10)	78.3 (72.4 - 84.2)	81.7 (76.5 - 86.9)	27	83.9 (83.2 - 84.6)
S-3	Services at the hospital emergency department (% 8, 9 or 10)	44.5 (35.9 - 53.1)	54.1 (45.2 - 63.0)	14	53.4 (52.1 - 54.7)
S-4	Services from specialist (% 8, 9 or 10)	Not available	79.0 (72.9 - 85.1)	25	82.0 (81.2 - 82.8)
S-5	Services at an after-hours clinic or walk-in clinic (% 8, 9 or 10)	71.9 (49.2 - 94.6)	75.1 (57.4 - 92.8)	13	73.3 (71.6 - 75.0)
S-6	Services from alternative practitioner (% 8, 9 or 10)	Not available	83.2 (73.7 - 92.7)	27	87.3 (86.2 - 88.4)
S-7	Services at a community health centre (% 8, 9 or 10)	85.5 (70.8 - 100.0)	82.3 (63.6 - 100.0)	12	76.2 (73.6 - 78.8)
S-8	Ambulance services (% 8, 9 or 10)	95.6 (84.5 - 100.0)	77.6 (58.9 - 96.3)	27	87.5 (85.3 - 89.7)
S-9	Services from nurse practitioner (% 8, 9 or 10)	Suppressed ⁸	Suppressed ⁸	-	85.8 (83.7 - 87.9)
S-10	Services at a private clinic (% 8, 9 or 10)	Not available	74.5 (64.8 - 84.2)	31	82.9 (81.6 - 84.2)
S-11	Evaluation of Tele-Care services (% very or somewhat helpful)	86.6 (72.7 - 100.0)	86.3 (70.0 - 100.0)	25	89.3 (87.2 - 91.4)
S-12	Evaluation of care received for mental or emotional health (among citizens who have talked to a health professional) (% very or somewhat helpful)	100.0 (100 - 100)	96.1 (90.2 - 100.0)	7	90.8 (89.6 - 92.0)
S-13	Wait time from booking appointment to seeing specialist (among citizens who have seen a specialist) (% very or somewhat satisfied)	Not available	79.2 (72.9 - 85.5)	22	80.5 (79.6 - 81.4)

² Indicator rank across 33 communities, from best (1) to worst (33)

⁸ Results suppressed due to limited number of nurse practitioners

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