

Shediac, Saint-Antoine, Beaubassin East Area

Beaubassin East, Boudreau-Ouest, Cap-Pelé, Cocagne, Cormier-Village, Dundas, Grand-Barachois, Grande-Digue, Haute-Aboujagane, Notre-Dame, Petit-Cap, Pointe-du-Chêne, Saint-André-Leblanc, Saint-Antoine, Saint-Paul, Sainte-Marie-de-Kent, Saint Mary, Scoudouc, Scoudouc Road, Shediac, Shediac Bridge, Shediac Cape, Shediac River, Shemogue, Trois-Ruisseaux



| Demographic Profile ¹ | | n = 677 | n = 13,614 |
|----------------------------------|---------------------------|----------|------------|
| | | 2014 (%) | NB (%) |
| Age Group | 18-34 | 20.5 | 24.3 |
| | 35-54 | 35.6 | 36.7 |
| | 55-64 | 21.1 | 18.7 |
| | 65+ | 22.8 | 20.3 |
| Gender | Male | 48.5 | 48.0 |
| | Female | 51.5 | 52.0 |
| Education Level | High school or less | 37.1 | 38.7 |
| | College/Technical diploma | 36.3 | 31.4 |
| | University degree | 26.6 | 29.9 |
| Aboriginal | Yes | 3.1 | 3.0 |
| Preferred Language of Service | English | 52.0 | 74.6 |
| | French | 48.0 | 25.4 |
| Household Income | Less than \$25,000 | 17.8 | 19.9 |
| | \$25,000 - \$59,999 | 38.0 | 35.5 |
| | \$60,000 or more | 44.2 | 44.6 |
| Employment Status | Employed | 51.9 | 54.6 |
| | Unemployed/Seasonal | 8.6 | 7.3 |
| | Retired | 27.7 | 24.7 |
| | Other | 11.8 | 13.5 |

Population (18 and over) based on 2011 Census: 25,620

Confidence interval calculated at a 95% level of confidence.

Sample size shown represents total number of respondents.
Exact number of respondents varies per survey indicator.

| Health Services Barriers | n = 630 | n = 677 | n = 13,614 |
|---|---------------------------------|----------------------------------|-----------------------|
| | 2011 (%) | 2014 (%) | NB (%) |
| Health services not available in your area when needed | 12.1 (9.6 – 14.6) | 10.3 (8.0 – 12.6) | 17.4 (16.7 – 18.0) |
| Transportation problems | 3.7 ^E (2.3 – 5.2) | 3.7 ^E (2.3 – 35.1) | 7.1 (6.6 – 7.5) |
| Language problems with health care provider | 4.0 ^E (2.5 – 5.5) | 2.7 ^E (1.5 – 3.9) | 4.2 (3.9 – 4.6) |
| Cost for medication too high | 52.6 (48.6 – 56.5) | 41.4 (37.6 – 45.1) | 35.2 (34.3 – 36.0) |
| Cost for treatments or procedures too high | 25.5 (22.0 – 29.0) | 26.4 (22.9 – 29.8) | 19.9 (19.2 – 20.6) |
| Cost for ambulance services too high | 37.6 (33.1 – 42.0) | 23.5 (19.8 – 27.2) | 21.7 (20.9 – 22.4) |
| Unable to leave the house because of health problems | 11.4 (9.0 – 13.9) | 8.7 (6.6 – 10.8) | 12.5 (11.9 – 13.0) |
| Have trouble finding their way around the health care system | 9.7 (7.4 – 12.0) | 8.1 (6.1 – 10.2) | 9.3 (8.8 – 9.8) |
| Difficulty understanding written information about medical condition or prescription (% always or usually) | 14.1 (11.3 – 16.9) | 15.5 (12.7 – 18.3) | 9.4 (8.9 – 9.9) |
| How often was a medical condition or prescription explained to you in a way that you could understand? (% always or usually) | 88.4 (85.9 – 90.9) | 90.7 (88.5 – 92.9) | 91.0 (90.6 – 91.5) |
| Things that contribute a lot to feelings of stress | | | |
| Time pressures / not enough time | Not Available | 43.1 (39.4 – 46.8) | 40.9 (40.1 – 41.7) |
| Health of family members | Not Available | 36.9 (33.3 – 40.5) | 38.1 (37.3 – 38.9) |
| Your own work situation (ex: hours of work, or working conditions) | Not Available | 32.5 (29.0 – 36.0) | 34.2 (33.4 – 35.0) |

¹Based on survey respondents, weighted by age and gender

^E Use with caution (coefficient of variation between 16.6% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

Shediac, Saint-Antoine, Beaubassin East Area

↑ = Higher than 2011 results
 ↓ = Lower than 2011 results

| | n = 630 | n = 677 | n = 13,614 |
|--|-----------------------|---------------------------------|-----------------------|
| Health Profile | 2011 (%) | 2014 (%) | NB (%) |
| Self-rated Health (% very good or excellent) | 54.1 (50.2 – 58.0) | 46.9 (43.2 – 50.6) | 50.5 (49.6 – 51.3) |
| Self-rated mental or emotional health (% very good or excellent) | Not Available | 61.6 (57.9 – 65.2) | 65.4 (64.6 – 66.2) |
| “My health largely depends on how well I take care of myself” (% strongly agree) | 50.2 (46.3 – 54.1) | 55.9 (52.1 – 59.6) | 55.2 (54.4 – 56.0) |
| Number of prescription medications taken on a regular basis ³ (% 6 or more) | 10.3 (7.4 – 13.2) | 11.8 (8.9 – 14.7) | 15.2 (14.5 – 15.9) |
| Discuss regularly with a health professional on improving health or preventing illness (% always or usually) | 28.6 (24.9 – 32.3) | 28.8 (25.3 – 32.2) | 25.4 (24.7 – 26.1) |
| How long have you been seeing the same family doctor? (% 5 years or more) | 81.3 (78.1 – 84.4) | ↓ 72.6 (69.2 – 76.1) | 73.0 (72.2 – 73.7) |
| Are you limited in doing activities because of a physical or mental condition, or a health problem? (% yes) | Not Available | 17.3 (14.5 – 20.2) | 22.1 (21.4 – 22.8) |
| Memory Loss | | | |
| Someone in household has a memory problem | Not Available | 8.8 (6.7 – 11.0) | 9.9 (9.4 – 10.4) |
| ...that interferes with day to day function | Not Available | 2.5 ^E (1.4 – 3.7) | 3.9 (3.6 – 4.2) |
| Health Behaviours | | | |
| Eating fruits and vegetables (% 5 portions or more a day) | Not Available | 50.8 (47.1 – 54.6) | 50.4 (49.5 – 51.2) |
| Moderate or vigorous physical activity (% at least 2 ½ hours a week) | Not Available | 49.2 (45.5 – 53.0) | 49.0 (48.1 – 49.8) |
| Current smoker (% daily or occasional) | Not Available | 18.2 (15.3 – 21.1) | 19.2 (18.5 – 19.8) |
| Unhealthy weight (% obese) | Not Available | 32.6 (29.0 – 36.2) | 30.8 (30.0 – 31.6) |

| | n = 630 | n = 677 | n = 677 | n = 13,614 |
|--|-----------------------|---------------------------------|-----------------------|-----------------------|
| Chronic Health Conditions ¹ | 2011 (%) | 2014 (%) | 2014 ² (#) | NB (%) |
| One or more chronic health conditions ³ | 55.6 (51.7 – 59.5) | 60.8 (57.2 – 64.5) | 15,586 | 61.6 (60.8 – 62.4) |
| High blood pressure | 24.2 (20.9 – 27.5) | 23.6 (20.5 – 26.8) | 6,055 | 27.0 (26.2 – 27.7) |
| Gastric Reflux (GERD) | 15.9 (13.0 – 18.7) | 15.4 (12.7 – 18.1) | 3,956 | 16.4 (15.8 – 17.0) |
| Depression | 13.0 (10.4 – 15.6) | 15.0 (12.3 – 17.7) | 3,843 | 14.9 (14.3 – 15.5) |
| Arthritis | 13.9 (11.2 – 16.6) | 14.4 (11.8 – 17.0) | 3,681 | 17.4 (16.8 – 18.0) |
| Asthma | 9.7 (7.4 – 11.9) | 12.4 (9.9 – 14.9) | 3,177 | 11.8 (11.3 – 12.4) |
| Chronic pain | 11.5 (9.0 – 14.0) | 11.1 (8.7 – 13.4) | 2,836 | 14.0 (13.5 – 14.6) |
| Cancer | 6.8 (4.9 – 8.8) | 10.2 (7.9 – 12.4) | 2,611 | 8.3 (7.8 – 8.7) |
| Diabetes | 7.2 (5.2 – 9.2) | 8.7 (6.6 – 10.8) | 2,239 | 10.7 (10.1 – 11.2) |
| Heart disease | 6.3 (4.4 – 8.1) | 4.9 ^E (3.3 – 6.5) | 1,259 | 8.3 (7.9 – 8.8) |
| Mood disorder other than depression | F | 2.6 ^E (1.4 – 3.8) | 675 | 3.0 (2.7 – 3.2) |
| Emphysema or COPD | F | 2.3 ^E (1.2 – 3.5) | 601 | 3.0 (2.7 – 3.3) |
| Stroke | F | 1.7 ^E (0.7 – 2.7) | 438 | 2.5 (2.2 – 2.8) |

Confidence interval calculated at a 95% level of confidence.

Symbols ↑ and ↓ indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

¹ Self-reported based on survey respondents

² Estimated number of citizens who have the selected chronic health condition

³ Among the twelve chronic health conditions listed in table located at the right of this page.

^E Use with caution (coefficient of variation between 16.6% and 33.3%)

^F Too unreliable to be published (coefficient of variation greater than 33.3%)

Shediac, Saint-Antoine, Beaubassin East Area

B = Better than 2011 results
W = Worse than 2011 results

n=630 n=677 1 to 33 n=13,614

| Primary Health Indicator | | 2011 | 2014 | Rank ² | NB | | |
|---|--|--|-----------------------------|--------------------------------|-----------------------|-----------------------|-----------------------|
| Accessibility | | | | | | | |
| The ability of patients/clients to obtain care/service at the right place and the right time, based on respective needs, in the official language of their choice | | | | | | | |
| Personal Family Doctor | A-1 | Has a personal family doctor (% yes) | 93.5 (91.6 - 95.4) | 93.9 (92.1 - 95.7) | 15 | 92.1 (91.7 - 92.5) | |
| | A-2 | Calling family doctor's office during regular practice hours (% very easy or somewhat easy) | 72.2 (68.6 - 75.8) | B 79.7 (76.6 - 82.8) | 13 | 78.3 (77.6 - 79.0) | |
| | A-3 | Family doctor has extended office hours (after 5pm or on weekends) (% yes) | Not available | 28.1 (24.7 - 31.5) | 2 | 16.2 (15.6 - 16.8) | |
| | A-4 | Family doctor has an after-hour arrangement when office is closed (% yes) | 27.1 (23.5 - 30.7) | 29.7 (26.2 - 33.2) | 2 | 18.2 (17.5 - 18.9) | |
| | A-5 | How quickly appointment can be made with family doctor | (% on same day or next day) | 26.8 (23.2 - 30.4) | 29.4 (25.8 - 33.0) | 19 | 30.1 (29.3 - 30.9) |
| | | | (% within 5 days) | 52.0 (47.8 - 56.2) | 57.0 (53.1 - 60.9) | 22 | 60.3 (59.4 - 61.2) |
| | A-6 | Nurse working with family doctor who is regularly involved in health care (% yes) | 20.5 (17.2 - 23.7) | 22.7 (19.5 - 25.9) | 25 | 27.5 (26.7 - 28.3) | |
| | A-7 | Has access to a primary health team ³ (% yes) | 24.7 (21.3 - 28.1) | 23.9 (20.7 - 27.1) | 25 | 28.5 (27.8 - 29.2) | |
| | A-8 | Wait time at the hospital emergency department (% less than 4 hours) | 76.6 (70.9 - 82.3) | 70.0 (64.1 - 75.9) | 22 | 73.9 (72.7 - 75.1) | |
| A-9 | How often citizens received the health care service they needed in the official language of their choice (% who always received service in language of preference) | English ⁴ | 91.0 (87.8 - 94.2) | 92.0 (89.0 - 95.0) | - | 95.2 (94.8 - 95.6) | |
| | | French ⁴ | 85.0 (80.6 - 89.4) | W 68.0 (62.5 - 73.5) | - | 72.6 (71.0 - 74.2) | |

² Indicator rank across 33 communities, from best (1) to worst (33)

³ Primary health team: Has access to a family doctor and has access to either a nurse practitioner or a nurse or other health professionals at their family doctor's office

⁴ Preferred language of service as indicated by respondent in the survey

⁵ Use with caution (coefficient of variation between 16.7% and 33.3%)

Confidence interval calculated at a 95% level of confidence.

Symbols **B** and **W** indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

Shediac, Saint-Antoine, Beaubassin East Area

B = Better than 2011 results
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n=630 n=677 1 to 33 n=13,614

| Primary Health Indicator | | 2011 | 2014 | Rank ² | NB |
|--|--|--|--|-------------------|--|
| Appropriateness | | | | | |
| Care/service provided is relevant to the patients'/clients' needs and based on established standards | | | | | |
| Q-1 | Adults 65 and over who received their flu shot in the last year (% yes) | Not available | 57.1 (51.0 - 63.2) | 32 | 70.6 (69.2 - 72.0) |
| Q-2 | Adults with one or more of four select chronic health conditions ⁵ who had measurements for blood pressure in the past 12 months (% yes) | 88.6 (84.5 - 92.8) | 93.2 (90.1 - 96.3) | 11 | 91.3 (90.6 - 92.0) |
| Q-3 | Adults with one or more of four select chronic health conditions ⁵ who had measurements for cholesterol in the past 12 months (% yes) | 75.1 (69.5 - 80.8) | 84.5 (80.0 - 89.0) | 2 | 76.3 (75.2 - 77.4) |
| Q-4 | Adults with one or more of four select chronic health conditions ⁵ who had measurements for blood sugar in the past 12 months (% yes) | 72.6 (66.7 - 78.5) | 80.0 (75.1 - 84.9) | 7 | 73.9 (72.8 - 75.0) |
| Q-5 | Adults with one or more of four select chronic health conditions ⁵ who had measurements for body weight in the past 12 months (% yes) | 60.9 (54.5 - 67.3) | 63.2 (57.2 - 69.2) | 10 | 59.3 (58.0 - 60.6) |
| Q-6 | How often family doctor helps citizens coordinate the care from other health care providers and places (% always) | 63.6 (58.6 - 68.6) | 71.7 (67.3 - 76.1) | 15 | 70.7 (69.7 - 71.7) |
| Effectiveness | | | | | |
| Care/service, intervention or action achieves the desired results | | | | | |
| Q-7 | Citizens with a chronic health condition ⁷ who are confident in controlling and managing their health condition (% very confident) | 34.4 (29.7 - 39.0) | 40.8 (36.4 - 45.2) | 19 | 42.2 (41.2 - 43.2) |
| Safety | | | | | |
| Potential risks of an intervention or the environment are avoided or minimized | | | | | |
| Q-8 | Citizens with a chronic health condition ⁷ who know what each of their prescribed medications do (% strongly agree) | 39.0 (33.9 - 44.1) | 43.4 (38.5 - 48.3) | 22 | 47.7 (46.6 - 48.8) |
| Q-9 | Was harmed due to a medical error or mistake as a result of health care services received in the last 12 months (excluding hospital stay) (% yes) | 2.5 ^{E,6} (1.3 - 3.7) | 1.7 ^{E,6} (0.7 - 2.7) | - | 2.7 ⁶ (2.4 - 3.0) |

² Indicator rank across 33 communities, from best (1) to worst (33)

⁵ Self-reported by respondent: Diabetes, heart disease, stroke or high blood pressure

⁶ For this type of indicator, a "better" result is achieved when the indicator has a "lower" value

⁷ Self-reported by respondent: Arthritis, asthma, cancer, chronic pain, depression, diabetes, emphysema or COPD, gastric reflux (GERD), heart disease, high blood pressure or hypertension, mood disorder other than depression, or stroke

^E Use with caution (coefficient of variation between 16.7% and 33.3%)

Confidence interval calculated at a 95% level of confidence.

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Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

Shediac, Saint-Antoine, Beaubassin East Area

B = Better than 2011 results
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n=630 n=677 1 to 33 n=13,614

| Primary Health Indicator | | 2011 | 2014 | Rank ² | NB |
|---|---|---------------------------------|----------------------------------|-------------------|------------------------------------|
| Efficiency | | | | | |
| Achieving the desired results with the most cost-effective use of resources | | | | | |
| Q-10 | Model of care used most often when sick or in need of care from a health professional (% hospital emergency department) | 7.4 ⁶ (5.3 - 9.5) | 8.6 ⁶ (6.5 - 10.7) | 13 | 11.5 ⁶ (11.0 - 12.0) |
| Q-11 | Has used Tele-Care or other telephone information lines in the last 12 months (% yes) | 10.2 (7.8 - 12.6) | 8.0 (6.0 - 10.0) | 11 | 7.4 (7.0 - 7.8) |
| Use of services | | | | | |
| Using primary health services in the last 12 months | | | | | |
| U-1 | Visited a personal family doctor (% yes) | 79.7 (76.6 - 82.8) | 80.2 (77.2 - 83.2) | 20 | 80.3 (79.6 - 81.0) |
| U-2 | Visited a hospital emergency department (% yes) | 34.4 (30.7 - 38.1) | 34.7 (31.1 - 38.3) | 26 | 41.3 (40.5 - 42.1) |
| U-3 | Visited a specialist (% yes) | Not available | 57.6 (53.9 - 61.3) | 12 | 56.4 (55.6 - 57.2) |
| U-4 | Visited an after-hours clinic or a walk-in clinic (% yes) | 35.2 (31.4 - 39.0) | 26.1 (22.8 - 29.4) | 7 | 24.3 (23.6 - 25.0) |
| U-5 | Visited an alternative practitioner (% yes) | Not available | 32.0 (28.5 - 35.5) | 4 | 25.2 (24.5 - 25.9) |
| U-6 | Visited a community health centre (% yes) | 9.6 (7.3 - 11.9) | 6.0 (4.2 - 7.8) | 21 | 6.9 (6.5 - 7.3) |
| U-7 | Used ambulance services (% yes) | 3.8 ^E (2.3 - 5.3) | 4.3 ^E (2.8 - 5.8) | 26 | 5.7 (5.3 - 6.1) |
| U-8 | Visited a nurse practitioner (% yes) | 4.3 ^E (2.7 - 5.9) | 7.0 (5.1 - 8.9) | 19 | 7.7 (7.3 - 8.1) |
| U-9 | Visited a health professional at a private clinic (% yes) | Not available | 22.8 (19.7 - 25.9) | 18 | 23.7 (23.0 - 24.4) |

² Indicator rank across 33 communities. Under “efficiency” the rank is from best (1) to worst (33). Under “use of services” the rank is from highest (1) to lowest (33).

⁶ For this type of indicator, a “better” result is achieved when the indicator has a “lower” value

^E Use with caution (coefficient of variation between 16.7% and 33.3%)

Confidence interval calculated at a 95% level of confidence.

Symbols **B** and **W** indicate a statistically significant difference at the 95% level of confidence.

Sample size shown represents total number of respondents. Exact number of respondents varies per survey indicator.

Shediac, Saint-Antoine, Beaubassin East Area

B = Better than 2011 results
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n=630 n=677 1 to 33 n=13,614

| Primary Health Indicator | | 2011 | 2014 | Rank ² | NB |
|--|--|-------------------------|--------------------------------|-------------------|-----------------------|
| Communication/Relationship with personal family doctor | | | | | |
| C-1 | How often family doctor explains things in a way that is easy to understand (% always) | 77.3 (73.5 - 81.1) | B 84.7 (81.8 - 87.6) | 6 | 80.2 (79.5 - 80.9) |
| C-2 | How often family doctor involves citizens in decisions about their health care (% always) | 67.1 (60.2 - 74.0) | 68.0 (64.1 - 71.9) | 22 | 68.2 (67.3 - 69.1) |
| C-3 | How often family doctor gives citizens enough time to discuss feelings, fears and concerns about their health (% always) | 66.4 (62.1 - 70.6) | 72.9 (69.1 - 76.7) | 14 | 71.9 (71.0 - 72.8) |
| Satisfaction (Overall rating of primary health services. When rating is described as “% 8, 9 or 10”, this is based on a scale of zero to 10.) | | | | | |
| S-1 | Overall health care services received in New Brunswick (% 8, 9 or 10) | 61.3 (57.5 - 65.1) | B 73.3 (69.9 - 76.7) | 8 | 67.9 (67.1 - 68.7) |
| S-2 | Services from personal family doctor (% 8, 9 or 10) | 79.2 (75.7 - 82.7) | B 86.2 (83.4 - 89.0) | 8 | 83.9 (83.2 - 84.6) |
| S-3 | Services at the hospital emergency department (% 8, 9 or 10) | 58.7 (52.1 - 65.3) | 52.1 (45.7 - 58.5) | 20 | 53.4 (52.1 - 54.7) |
| S-4 | Services from specialist (% 8, 9 or 10) | Not available | 80.2 (76.5 - 83.9) | 21 | 82.0 (81.2 - 82.8) |
| S-5 | Services at an after-hours clinic or walk-in clinic (% 8, 9 or 10) | 65.6 (59.1 - 72.1) | B 79.4 (73.2 - 85.6) | 4 | 73.3 (71.6 - 75.0) |
| S-6 | Services from alternative practitioner (% 8, 9 or 10) | Not available | 90.4 (86.5 - 94.3) | 7 | 87.3 (86.2 - 88.4) |
| S-7 | Services at a community health centre (% 8, 9 or 10) | 61.2 (49.2 - 73.2) | B 89.3 (79.6 - 99.0) | 5 | 76.2 (73.6 - 78.8) |
| S-8 | Ambulance services (% 8, 9 or 10) | 89.0 (77.0 - 100.0) | 79.8 (66.1 - 93.5) | 26 | 87.5 (85.3 - 89.7) |
| S-9 | Services from nurse practitioner (% 8, 9 or 10) | Suppressed ⁸ | Suppressed ⁸ | - | 85.8 (83.7 - 87.9) |
| S-10 | Services at a private clinic (% 8, 9 or 10) | Not available | 91.5 (87.1 - 95.9) | 3 | 82.9 (81.6 - 84.2) |
| S-11 | Evaluation of Tele-Care services (% very or somewhat helpful) | 95.9 (91.0 - 100.0) | 97.1 (92.2 - 100.0) | 7 | 89.3 (87.2 - 91.4) |
| S-12 | Evaluation of care received for mental or emotional health (among citizens who have talked to a health professional) (% very or somewhat helpful) | 96.4 (92.8 - 99.9) | 95.1 (91.4 - 98.8) | 11 | 90.8 (89.6 - 92.0) |
| S-13 | Wait time from booking appointment to seeing specialist (among citizens who have seen a specialist) (% very or somewhat satisfied) | Not available | 75.3 (71.2 - 79.4) | 31 | 80.5 (79.6 - 81.4) |

² Indicator rank across 33 communities, from best (1) to worst (33)

⁸ Results suppressed due to limited number of nurse practitioners

Sample size shown represents total number of respondents.
 Exact number of respondents varies per survey indicator.

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